

# Member Self-Referral

## See a Specialist without a Referral!

Torrance Memorial IPA is the only medical group in the South Bay allowing HMO Members to see a specialist in several select specialties within the network, without a referral from their primary care physicians

\* No additional premiums or deductibles, A No-Cost service offered by Torrance Memorial IPA above and beyond the coverage provided by your HMO insurance plan

\* The above is not a complete list of our specialties in the Torrance Memorial IPA network, only those in our Torrance Memorial IPA self-referral program. Torrance Memorial IPA has a network of more than 450 Primary Care and Specialist Doctors. See a complete list of Torrance Memorial IPA Physicians at [www.TorranceMemorialIPA.org/physiciandirectory](http://www.TorranceMemorialIPA.org/physiciandirectory).

\* Please note the self referral benefit applies to the initial visit with the physician only, the physician will direct further treatment and/or tests.

### Care Management

23326 Hawthorne Blvd.,  
#200  
Torrance, CA 90505  
310-257-7282

### Cardiology

**William K. Averill, MD**  
3400 Lomita Blvd., #603  
Torrance, CA 90505  
Phone: 310-326-5142  
Fax: 310-326-3154  
*Patients age 18 and over only*

### COR Healthcare Medical Associates

*Torrance location:*  
**Arash Aghel, MD**  
**Salman Azam, MD**  
**Gaurav Banka, MD**  
**Brenton Bauer, MD**  
**Eric Castleman, MD**  
**Ankush Chhabra, MD**  
**J. Christopher Matchison, MD**  
**Ram Reddy, MD**  
**Ray Michael Wyman, MD**  
2841 Lomita Blvd., #100  
Torrance, CA 90505  
Phone: 310-257-0508  
Fax: 310-325-8109

### *Redondo Beach location:*

**Bruce Jackson, MD**  
520 N. Prospect Ave., #300  
Redondo Beach, CA 90277  
Phone: 310-372-1156  
Fax: 310-372-6504

**Emad Khaleeli, MD**  
4305 Torrance Blvd., #301  
Torrance, CA 90505  
Phone: 310-793-4327  
Fax: 310-793-4307  
*Patients age 18 and over only*

**Joseph Lopez, MD**  
3475 Torrance Blvd., Suite D  
Torrance, CA 90503  
Phone: 310-540-6032  
Fax: 310-543-8743  
*Patients age 18 and over only*

### *San Pedro location:*

**Arash Aghel, MD**  
1360 6th St., #200  
San Pedro, CA 90732  
Phone: 310-547-9922

### **Torrance Memorial Physician Network – South Bay Heart**

**L. Douglas Carlson, MD**  
**Victoria Y. Shin, MD**  
2841 Lomita Blvd., #235  
Torrance, CA 90505  
Phone: 310-517-8950  
Fax: 310-326-6054  
*Patients age 18 and over only*

*NOTE: For children, see also  
Pediatric Cardiology*

### Dermatology

**Clear Dermatology**  
**Melissa Camouse, MD**  
**Malcom Ke, MD**  
23456 Hawthorne Blvd., #100  
Torrance, CA 90505  
Phone: 310-540-5272  
Fax: 310-540-5271

**Dermatology Group of  
Southern California**  
**Roy Blumenstrauch, MD**  
**Andrew Breithaupt MD**  
4201 Torrance Blvd., #640  
Torrance, CA 90503  
310-543-4444  
Fax: 310-543-4446

**Susan Goodlerner MD**  
23451 Madison St., #330  
Torrance, CA 90505  
310-375-9994  
Fax: 310-375-0789

### Gastroenterology

**South Bay Gastroenterology  
Medical Group**  
**Daniel Cho, MD**  
**Jerome Cohen, MD**  
**Tonny Lee, MD**  
**Alexander Nguyen, MD**  
**Minh Nguyen, MD**  
**Gloria Sze, MD**  
**Oren Zaidel, MD**

23456 Hawthorne Blvd # 300  
Torrance, CA 90505  
Phone: 310-539-2055  
Fax: 310-539-0199  
*Patients age 18 and over only*

**Nazir U. Khaja, MD**  
23639 Hawthorne Blvd., #200  
Torrance, CA 90505  
Phone: 310-370-4660  
Fax: 310-793-0710  
*Accepting patients age 18 and  
over only*

*NOTE: For children, see also  
Pediatric Gastroenterology*

### Obstetrics/ Gynecology

\* Consults and routine  
preventive services

**Latrice Allen, MD**  
3440 Lomita Blvd., #240  
Torrance, CA 90505  
Phone: 310-539-5060  
Fax: 310-539-7899

**Jody Aronson, MD**  
3440 Lomita Blvd., #120  
Torrance, CA 90505  
Phone: 310-325-8864  
Fax: 310-325-1493  
*\*Gynecology only*

824 E. Carson St., #102  
Carson, CA 90745  
Phone: 310-233-3216  
Fax: 310-233-3217

## Not a Member Yet?

310-257-7239 | [TorranceMemorialIPA.org/learnmore](http://TorranceMemorialIPA.org/learnmore)  
Torrance Memorial IPA members: 310-257-7250, option #1 | TTY: 711  
Monday through Friday, 8:30 am – 5 pm  
Torrance Memorial IPA Administrative Office: 310-257-7250  
[TorranceMemorialIPA.org](http://TorranceMemorialIPA.org)

## Obstetrics/ Gynecology (CONT.)

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### Sharda Bhasin, MD

3440 Lomita Blvd., #240  
Torrance, CA 90505  
Phone: 310-539-5060  
Fax: 310-539-7899

### Alexandra Bujor, MD

3440 Lomita Blvd., #240  
Torrance, CA 90505  
Phone: 310-539-5060  
Fax: 310-539-7899

### Albert C. Chen, MD

3440 Lomita Blvd., #346  
Torrance, CA 90505  
Phone: 310-325-1198  
Fax: 310-325-1699

### Christine Djapri, MD

3440 Lomita Blvd., #427  
Torrance, CA 90505  
Phone: 310-325-9400  
Fax: 310-325-9406

### Soha Elgharib, MD

510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
Phone: 310-376-2716  
Fax: 310-374-9163

29409 S. Western Ave.,  
San Pedro, CA 90274

Phone: 310-784-6848  
Fax: 310-514-4902

### Sunetris Fluellen, MD

2841 Lomita Blvd., #200  
Torrance, CA 90505  
Phone: 310-784-6822  
Fax: 424-212-5075

### Ricardo E. Huete, MD

824 E. Carson St., #203  
Carson, CA 90745  
Phone: 310-543-5448  
Fax: 310-316-5318

### Kay M. Kwok, MD

3400 Lomita Blvd., #607  
Torrance, CA 90505  
Phone: 310-530-5965  
Fax: 310-530-5008

### Cristal Lynch, MD

3440 Lomita Blvd., #240  
Torrance, CA 90505  
Phone: 310-539-5060  
Fax: 310-539-7899

### Freya Marshall, MD

3400 Lomita Blvd., #602  
Torrance, CA 90505  
Phone: 310-326-5150  
Fax: 310-326-0762

### Frances McKindsey, MD

23600 Telo Ave, #280  
Torrance, CA 90505  
Phone: 424-305-4009  
Fax: 424-305-4181

3330 Lomita Blvd.,  
Torrance, CA 90505

Phone: 424-305-4009  
Fax: 424-305-4181

### Astrid Mendoza, DO

4201 Torrance Blvd., #780  
Torrance, CA 90503  
Phone: 310-543-2532  
Fax: 310-540-9707

### Beni Naghi, MD

3400 Lomita Blvd., #602  
Torrance, CA 90505  
Phone: 310-326-5150  
Fax: 310-326-0762

855 Manhattan Beach Blvd.,  
#209

Manhattan Beach, CA 90266  
Phone: 310-939-1881  
Fax: 310-939-1882

### Hilda Elena Rodriguez, MD

3440 Lomita Blvd., #427  
Torrance, CA 90505  
Phone: 310-325-9400  
Fax: 310-325-9406  
\*Gynecology only

### Joesph, Roofeh, MD

824 E. Carson St., #203  
Carson, CA 90745  
Phone: 310-376-2716  
Fax: 310-374-9163

### Steven H. Rosenberg, MD

3400 Lomita Blvd., #400  
Torrance, CA 90505  
Phone: 310-539-4957  
Fax: 310-539-9175

### Marc J. Rosenthal, MD

3440 Lomita Blvd., #120  
Torrance, CA 90505  
Phone: 310-325-8864  
Fax: 310-325-1493

824 E. Carson St., #102

Carson, CA 90745  
Phone: 310-233-3216  
Fax: 310-233-3217

### Cheryl Sanders, MD

510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
Phone: 310-376-2716  
Fax: 310-374-9163

29409 S. Western Ave.,  
San Pedro, CA 90274

Phone: 310-784-6848  
Fax: 310-514-4902

### Barbara L. Schulz, MD

510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
Phone: 310-376-2716  
Fax: 310-374-9163

### Deepjot Singh, MD

3400 Lomita Blvd., #500  
Torrance, CA 90505  
Phone: 310-373-7900  
Fax: 310-373-7940

## Podiatry

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### Robert Anavian, DPM

3440 Lomita Blvd., #137  
Torrance, CA 90505  
Phone: 310-370-1980  
Fax: 424-378-1207

### Phillip E. Darragh, DPM

2850 Artesia Blvd., #204  
Redondo Beach, CA 90278  
Phone: 310-793-1158  
Fax: 310-793-1161

3440 Lomita Blvd., #137

Torrance, CA 90505  
Phone: 310-370-1980  
Fax: 424-378-1207

## Pulmonology

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### Torrance Memorial Physician Network – Pulmonary and Sleep

#### John Abe, MD

#### Khalid M. Eltawil, MD

#### Richard Huynh, MD

#### Mladen A. Rasic, MD

#### Deren Sinkowitz, MD

*Torrance Memorial  
Specialty Center*

2841 Lomita Blvd., #235

Torrance, CA 90505

Phone: 310-517-8950

Fax: 310-326-6054

*Accepting Patients All Ages*

## Urology

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\*Consults and routine  
preventive services

### Farhad Nowzari, MD

3400 Lomita Blvd #502

Torrance, CA 90505

Phone 310-921-1100

Fax: 310- 921-9922

### South Bay Urology Medical Group

#### Timothy Lesser, MD

#### Garrett Matsunaga, MD

#### Shelby Morrisroe, MD

20911 Earl St., #140

Torrance, CA 90503

Phone: 310-542-0199

Fax: 310-542-4652 or

310-542-0829

*Accepting new patients*

*NOTE: Garrett Matsunaga, MD  
is not accepting new patients*

### Urology Institute of the South Bay

#### Kambiz Dardashti, MD

#### Lawrence Flechner, MD

23600 Telo Ave., #220

Torrance, CA 90505

Phone: 310-534-8400

Fax: 310-534-0463

### Urology Specialty Group

#### Abbey Gaske, MD

#### Alec Koo, MD

#### Royal Park, MD

23600 Telo Ave., #220

Torrance, CA 90505

Phone: 310-602-5005

Fax: 310-373-7898

*Accepting patients age 2 and  
over only*