

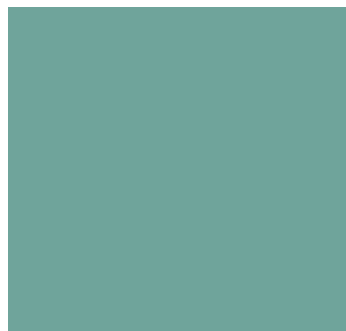
The Torrance Memorial IPA Difference

Physician Directory

 TORRANCE MEMORIAL IPA

Multi-Specialty
Physician Network

MY CHOICE
MY DOCTOR
MY SOUTH BAY



Visit TorranceMemorialIPA.org/physiciandirectory for our most current Physician Directory

Torrance Memorial Medical Center and Urgent Care Locations



When to go to the Emergency Room

If you have any of the following problems, call 911 or go to the nearest Emergency Department: chest pain, severe abdominal pain, weakness, multiple injuries, difficulty breathing, vomiting blood or severe burns.

Torrance Memorial Medical Center

3330 Lomita Blvd.
Torrance, CA 90505
310-325-9110
TorranceMemorial.org

Our Urgent Care Centers treat

- Flu and cold
- Rashes
- Headaches
- Earaches
- Minor burns
- Minor eye injuries
- Sore throat
- Cuts and bites
- Urinary tract infections
- Vomiting and diarrhea
- Falls, sprains, strains and minor fractures

Services available

- Lab results available in minutes
- On-site digital X-rays
- EKG (a simple, painless test that records the heart's electrical activity)
- Specialized eye exam for minor eye injuries
- Minor surgical procedures
- Full physical exam
- Referrals to on-site doctor or physician's assistant experienced in senior healthcare

Urgent Care Centers

For urgent but not life-threatening medical needs when your primary care doctor's office is closed, you can visit our Urgent Care Centers. All of our physicians are either board certified or residency-trained in emergency medicine giving them the skills necessary to handle any urgent care medical problem. Many of our physicians have more than 10 years of experience working in the Emergency Department at Torrance Memorial Medical Center.

Torrance Memorial Urgent Care Center locations

2900 Lomita Blvd.
Torrance, CA 90505
310-784-3740

Monday – Friday:
9 am – 8 pm
Saturday and Sunday:
8 am – 6 pm

855 Manhattan Beach Blvd., Suite 101
Manhattan Beach, CA 90266
310-939-7873

Monday – Friday:
4 pm – 9 pm
Saturday and Sunday:
8 am – 5 pm

2110 E. El Segundo Blvd., Suite 100
El Segundo, CA 90245
310-517-7010

Monday – Friday:
9 am – 8 pm
Saturday and Sunday:
8 am – 6 pm

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Please note:

This document is current as of the date printed on the doctor listing pages. This document may contain providers who have discontinued their relationship with Torrance Memorial IPA or may not include providers who have recently joined Torrance Memorial IPA. For the most current list of Torrance Memorial IPA doctors, please visit: TorranceMemorialIPA.org/physiciandirectory.

Important note:

Some services may require prior authorization, and provision is subject to member benefits and health plan or CMS (Centers for Medicare & Medicaid Services) coverage criteria.

Additional languages:

Physicians who do not speak an additional language will not have an additional language listed.

Welcome to Torrance Memorial IPA!

Torrance Memorial Independent Physician Association

A nonprofit multi-specialty physician network and a division of Torrance Memorial Health System, that has been taking care of the South Bay for more than 35 years.

Torrance Memorial IPA is not a health plan

Torrance Memorial IPA is not your insurance or health plan. We contract with major insurance companies that provide financial coverage for your medical care. As your "Medical Group" or "Physician Network," Torrance Memorial IPA provides the medical care covered by your health plan.



Advantages of being a Torrance Memorial IPA member

-  Over 500 primary care physicians and specialists
-  Nationally recognized Torrance Memorial Medical Center
-  A nonprofit multispecialty physician network and a division of Torrance Memorial Health System, that has been taking care of the South Bay for more than 35 years
-  Convenient access to care: Torrance Memorial IPA is the only physician network in the South Bay offering direct access, or "member self-referral," to several select specialties within the network
-  Urgent Care Centers in Torrance, Manhattan Beach and El Segundo
-  Personal attention: located in our administrative office in Torrance, our member services team is the single point of contact for members, making it easier to get to the right care faster
-  Care Management at no cost: Torrance Memorial IPA nurses and social workers help members stay healthy and independent
-  40 percent discount for Medicare Advantage members on exercise classes offered by Torrance Memorial Medical Center
-  FREE health education classes
-  Convenient lab and digital X-ray*
*Services available at select locations
-  Online patient portal*
*Check with your primary care physician for availability



Contracted Health Plans

Torrance Memorial IPA participates with most major insurance plans, including:

Individual and Family Plans

blue of california trio HMO

Medicare and Duals

blue california | Promise Health Plan | wellcare by health net | scan | Anthem BlueCross

Employer Sponsored Group Plans

wellcare by health net
aetna | Cigna
blue of california trio HMO
UnitedHealthcare | Vivity offered by Anthem BlueCross

Medicare Advantage Health Plans

blue california | Promise Health Plan | scan
Hⁿ Health Net | aetna
AARP MedicareComplete offered through UnitedHealthcare | Humana
Anthem BlueCross | blue california

This is not a complete listing of Medicare Advantage plans available in your service area. For a complete listing, please contact 800-MEDICARE (TTY users should call 877-486-2048), 24 hours a day, 7 days a week or consult Medicare.gov. Each of these Medicare Advantage plans has a contract with Medicare to offer Medicare Advantage plans. Enrollment in one of these Medicare Advantage plans depends on contract renewal.

Torrance Memorial IPA Member Services

Help is always just one call away!

Located in our administrative office right here in the South Bay, our Member Services representatives are dedicated to helping members with all their customer service needs. You'll get personal attention, whether you need help finding a doctor, paying a bill, verifying eligibility or co-payment.

Having a single point of contact makes navigating the healthcare system and getting to the right care faster and simpler than ever.

Member Services:
310-257-7250, option 1
Monday through Friday, 8:30 am – 5 pm

Member Self-Referral



See a specialist without a referral!

Torrance Memorial IPA is the only medical group in the South Bay allowing HMO members to see a specialist in several select specialties within the network, without a referral from their primary care physicians.



Cardiology



Gastroenterology



Pulmonology



Behavioral Health



OB/GYN



Urology



Dermatology



Podiatry



Ambulatory Care Management

- A no-cost service offered by Torrance Memorial IPA with no additional premiums or deductibles
- The above is not a complete list of our specialties in the Torrance Memorial IPA network, only those in our Torrance Memorial IPA self-referral program. Torrance Memorial IPA has a network of more than 500 primary care and specialty physicians. See a complete list of Torrance Memorial IPA physicians at TorranceMemorialIPA.org/physiciandirectory
- Please note the self-referral benefit applies to the initial visit with the physician only, the physician will direct further treatment and/or tests
- All Torrance Memorial IPA doctors and providers in the above specialties are available for self-referral

Not a member yet?

Join Torrance Memorial IPA to enjoy our member self-referral!
310-257-7239 | TTY 711 | TorranceMemorialIPA.org/learnmore

Carson



Estrella A. Aguinaldo, MD
Internal Medicine

23517 S. Main St., #104
Carson, CA 90745
Phone: 310-233-2555
Fax: 310-233-2553
Accepting patients age 8 and over
Additional languages: Spanish, Tagalog
Mon – Fri: 9 am – 6 pm



Krixie Silangcruz, MD
Family Medicine

824 E Carson St., #101
Carson, CA 90745
Phone: 310-233-3203
Fax: 310-549-7010
Accepting New Patients
Additional languages: Tagalog



Reza Ghanian, MD
Internal Medicine

824 E. Carson St., #201
Carson, CA 90745
Phone: 310-233-3228
Fax: 310-233-3229
Accepting patients age 16 and over
Additional languages: Farsi
Mon – Fri: 8 – 11:30 am



Ronald Siregar, MD
Family Medicine

824 E Carson St., #101
Carson, CA 90745
Phone: 310-233-3203
Fax: 310-549-7010
Accepting New Patients
Additional languages: Spanish

El Segundo



Carmen N. Gossette, MD
Family Medicine

824 E. Carson St., #101
Carson, CA 90745
Phone: 310-233-3203
Fax: 310-549-7010
Not accepting new patients
Additional languages: Spanish



Jason Alvarado, MD
Family Medicine

2110 E. El Segundo Blvd., #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients



Eugene Hardin, MD
Internal Medicine

357 E. Carson St., #102
Carson, CA 90745
Phone: 310-518-2737
Fax: 310-518-2060
Accepting patients age 16 and over
Mon: 10 am – 6 pm
Tues: 10 am – 5 pm
Thurs and Fri: 9 am – 5 pm

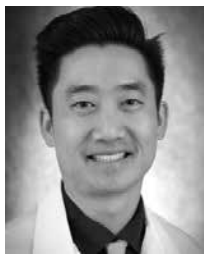


Rumi Cader, MD
Internal Medicine

2110 E. El Segundo Blvd., #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients

Primary Care Physicians

El Segundo (Cont.)



Rex Chang, MD
Family Medicine
2110 E. El Segundo Blvd, #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients

El Segundo (Cont.)



Leah Shapiro, MD
Family Medicine
2110 E. El Segundo Blvd, #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients



W. Alexander Ellis, MD
Family Medicine
2110 E. El Segundo Blvd., #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310893-0428
Accepting new patients



Hoangvy Le, MD
Family Medicine
15420 Crenshaw Blvd.,
Gardena CA, 90249
Phone: 310-324-5599
Fax: 310-324-7550
Mon – Thurs: 9 am – 5 pm
Fri – Sat: 9 am – 1pm
Accepting new patients
Additional languages: Vietnamese



Shintau Lin, MD
Family Medicine
2110 E. El Segundo Blvd., #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients



Adel S. Metry, MD
Internal Medicine
1141 W. Redondo Beach Blvd., #406
Gardena, CA 90247
Phone: 310-719-1653
Fax: 310-719-1321
Accepting new patients
Additional languages: Spanish, Arabic
Mon – Thurs: 9 am – 5 pm
Fri: 9 am – 1 pm



Matthew Mejia, MD
**Internal Medicine and
Sports Medicine**
2110 E. El Segundo Blvd., # 200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Mon – Fri: 8 am – 5 pm
Accepting new patients



Shrikant Tamhane, DO
Family Medicine
1141 W Redondo Beach Blvd #306
Gardena, CA 90247
Phone: 310-834-5388
Fax: 310-834-5619
Accepting patients age 8 and over
Additional languages: Gujarati, Hindi
Mon – Fri: 9 am – 6 pm

Hawthorne



Khalid B. Khan, MD
Internal Medicine
13425 Inglewood Ave.
Hawthorne, CA 90250
Phone: 310-679-2201
Fax: 310-679-4236
Accepting new patients
Additional languages: Hindi, Urdu
Mon, Tues, Wed, Fri: 8:30 am – 4:30 pm
Thurs: 1:30 – 4:30 pm

Hermosa Beach (Cont.)



Natalie Zelta, MD
Internal Medicine
705 Pier Ave., #A
Hermosa Beach, CA 90254
Phone: 310-891-6708
Fax: 310-374-4908
Not accepting new patients
Additional languages: Hebrew
Mon – Fri: 8 am – 5 pm

Hermosa Beach



Sunil Hebbar, MD
Family Medicine
705 Pier Ave., #A
Hermosa Beach, CA 90254
Phone: 310-891-6708
Fax: 310-374-4908
Mon – Fri: 8 am – 5 pm
Not accepting new patients

Lawndale



Eric A. Enriquez, MD
Family Medicine
14623 Hawthorne Blvd., #202
Lawndale, CA 90260
Phone: 310-973-8863
Fax: 310-973-1623
Accepting new patients
Additional languages: Spanish, Tagalog
Mon – Fri: 9 am – 5 pm



Maliha Khan, MD
Internal Medicine
705 Pier Ave., #A
Hermosa Beach, CA 90254
Phone: 310-891-6708
Fax: 310-374-4908
Accepting new patients
Additional languages: *French, Hindi, and Urdu*

Long Beach



Karen T. Dix, MD
Family Medicine
911 E. San Antonio Dr., #1
Long Beach, CA 90807
Phone: 562-728-8700
Fax: 562-728-5855
Accepting new patients
Additional languages: Spanish
Mon: 9 am – 7:30 pm
Tues – Fri: 9 am – 5:30 pm



Nicole D. Lee, MD
Family Medicine
705 Pier Ave., #A
Hermosa Beach, CA 90254
Phone: 310-891-6708
Fax: 310-374-4908
Not accepting new patients
Mon – Fri: 8 am – 5 pm

Manhattan Beach



Hardeep Chohan, MD
Family Medicine
855 Manhattan Beach Blvd., # 102
Manhattan Beach, CA 90266
Phone: 310-939-7858
Fax: 310-939-7842
Not accepting new patients
Additional languages: Urdu, Hindi, Punjabi

Primary Care Physicians

Manhattan Beach (Cont.)



Sonia Dhairyawan-Carvalho, MD
Family Medicine
855 Manhattan Beach Blvd., #102
Manhattan Beach CA 90266
Phone: 310-939-7858
Accepting new patients



Gene L. Hawkins, MD
General Practice
855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7878
Not accepting new patients
Mon – Fri: 7:30 am – 5 pm



Elaine K. Jones, MD
Internal Medicine and Geriatric Medicine
855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7861
Accepting new patients
Mon – Fri: 8 am – 5 pm



Melanie Khamlong, MD
Internal Medicine
855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7878
Accepting new patients

Manhattan Beach (Cont.)



Maria K. Lui, MD
Family Medicine
855 Manhattan Beach Blvd., #102
Manhattan Beach, CA 90266
Phone: 310-939-7858
Fax: 310-939-7842
Accepting new patients



Mahsa Madani, MD
Internal Medicine
855 Manhattan Beach Blvd #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7878
Not accepting new patients



Ahad Shiraz, MD
Family Medicine
855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7870
Not accepting new patients



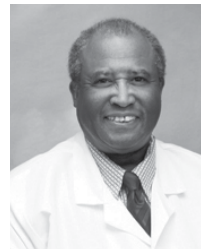
Joshua Tarpley, MD
Family Medicine
855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7861
Not accepting new patients

Manhattan Beach (Cont.)



Raju Wadhwa, MD
Internal Medicine
855 Manhattan Beach Blvd., #204
Manhattan Beach, CA 90266
Phone: 310-939-1892
Fax: 310-939-1894
Accepting patients age 18 and over
Additional languages: Hindi
Mon – Fri: 9 am – 5 pm

Redondo Beach (Cont.)



Michael F. Robinson, MD
Internal Medicine
420 N. Pacific Coast Highway
Redondo Beach, CA 90277
Phone: 310-419-4303
Fax: 310-419-4480
Accepting patients age 18 and over
Accepts all Torrance Memorial IPA
Health Plans except HealthNet®

Palos Verdes Estates



Marcos Y. C. Yang, MD
Family Medicine
310 Tejon Place
Palos Verdes Estates, CA 90274
Phone: 310-375-2403
Fax: 310-375-9652
Accepting new patients
Additional languages: Mandarin, Portuguese
Mon, Tues, Wed, Fri: 9 am – 5 pm
Thurs: 9 am – Noon

Rolling Hills Estates



Kalpana Hool, MD
Internal Medicine
602 Deep Valley Dr., #300
Rolling Hills Estates, CA 90274
Phone: 310-517-4692
Fax: 310-265-4780
Not accepting new patients

Redondo Beach



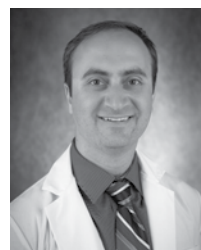
Sohail Davoudian, MD
Internal Medicine
1959 Kingsdale Ave.,
Redondo Beach, CA 90278
Phone: 310-214-1000
Fax: 310-214-8540
Accepting new patients
Additional languages: Farsi



Lorena Layrisse Landaeta, MD
Internal Medicine
602 Deep Valley Dr., #300
Rolling Hills Estates, CA 90274
Phone: 310-517-4692
Fax: 310-265-4780
Not accepting new patients
Mon-Fri: 8 am – 5 pm



Robert B. Hosseini, MD
Family Medicine
1728 S. Catalina Ave.,
Redondo Beach, CA 90277
Phone: 310-540-7200
Fax: 310-540-5455
Accepting patients age 2 and over
Additional languages: Farsi, Spanish
Mon, Tues, Wed, Fri: 8:15 am – 5 pm



Brian Stone, MD
Family Medicine
602 Deep Valley Dr., #300
Rolling Hills Estates, CA 90274
Phone: 310-517-4692
Fax: 310-265-4780
Accepting new patients

Primary Care Physicians

San Pedro



Stephen Marzban, MD
Internal Medicine

2403 Moray Ave., #2B
San Pedro, CA 90732
Phone: 310-832-2694
Fax: 310-547-0140

Accepting patients age 2 and over
Additional languages: Farsi
Mon, Tues, Thurs: 9 am – 5 pm
Wed and Fri: 9 am – 3 pm

Torrance (Cont.)



Nicole Alexander-Spencer, MD
Family Medicine

3333 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758

Not accepting new patients

Torrance



Ludmila W. Afonicheva, MD
Family Medicine

23639 Hawthorne Blvd., #200
Torrance, CA 90505
Phone: 310-373-6464
Fax: 310-373-6467

Accepting new patients 5 and up
Additional languages: Russian
Mon – Fri: 9 am – 5 pm



Stephanie P. Baker, MD
Family Medicine

3701 Skypark Dr., #100
Torrance, CA 90505
Main: 310-378-2234
Fax: 310-378-9795

Accepting new patients



Sushila Agrawal, MD
General Practice

3400 Lomita Blvd., #605
Torrance, CA 90505
Phone: 310-539-3303
Fax: 310-539-2824

Accepting patients age 5 and over
Additional languages: Spanish, Hindi, Urdu
Mon – Thurs: 9 am – 6 pm
Fri: 8 am – 4:30 pm



Paul J. Brown, MD
Internal Medicine

3333 Skypark Dr., #160
Torrance, CA 90505
Phone: 310-517-9006
Fax: 855-673-7160

Not accepting new patients
Additional languages: Spanish
Mon – Fri: 8 am – 5 pm



Modupe A. Aiyegbusi, MD
Family Medicine

3661 Torrance Blvd., #103
Torrance, CA 90503
Phone: 310-540-7240
Fax: 310-540-7280

Accepting new patients
Additional languages: Yoruba
Mon – Fri: 9 am – 5 pm
Closed for lunch: 1 – 2 pm



Richard M. Butlig, MD
Internal Medicine

1727 Crenshaw Blvd.
Torrance, CA 90501
Phone: 310-373-7855
Fax: 424-704-2493

Not accepting new patients
Additional languages: Spanish, Tagalog

Torrance (Cont.)



Anthony J. Chen, MD
Family Medicine

2841 Lomita Blvd. #315
Torrance, CA 90505
Phone: 310-257-5730
Fax: 310-539-1322
Not accepting new patients
Additional languages: Spanish,
Taiwanese, Mandarin
Mon – Fri: 8 am – 5 pm
Closed for lunch: Noon – 1 pm



Zareen S. Choudhury, MD
Family Medicine

3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Accepting new patients



Elaine Deemer, DO, MS
Internal Medicine and Geriatrics

3400 Lomita Blvd # 500
Torrance, CA 90505
Phone: 310-784-4939
Fax: 424-363-1686

3333 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758



Sushan Joshi, MD
Internal Medicine

3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Accepting new patients
Additional languages: Hindi

Torrance (Cont.)



Sara Kanamori, DO
Internal Medicine

3400 Lomita Blvd., #104
Torrance, CA 90505
Phone: 310-784-8000
Fax: 310-784-8000
Not accepting new patients
Additional languages: Japanese



Sadia Khan, MD
Internal Medicine

3333 Skypark Dr., #160
Torrance, CA 90505
Phone: 310-517-9006
Fax: 310-957-2413
Accepting new patients



Cho Rok Kim, MD
Internal Medicine

3333 Skypark Dr., # 100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758
Accepting new patients
Additional languages: Korean



Nafiseh Khodaparast, DO
Internal Medicine

3333 Skypark Dr., #100
Torrance, CA 90505
Main: 310-784-6300
Fax: 310-891-6758

824 E Carson St., #101
Carson, CA 90745
Main: 310-233-3203
Fax: 310-549-7010
Accepting new patients
Additional languages: Spanish and Farsi

Primary Care Physicians

Torrance (Cont.)



Philip Kim, MD
Internal Medicine
17507 Crenshaw Blvd.,
Torrance, CA 90504
Phone: 310-324-4443
Fax: 310-324-7925
Accepting new patients
Additional languages: Korean and Spanish



Anahid Kwiatkouski, DO
Family Medicine
3640 Lomita Blvd., #200
Torrance, CA 90505
Phone: 310-944-9344
Fax: 310-868-1600
Not accepting new patients
Additional languages: Farsi
Mon – Fri: 9 am – 5 pm



Catherine Lawson, MD
Internal Medicine
3701 SkyPark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Accepting new patients



J. Raymond Li, MD
Internal Medicine
3655 Lomita Blvd., #121
Torrance, CA 90505
Phone: 310-375-2256
Fax: 310-375-2291
Accepting patients age 11 and over
Additional languages: Hakka, Cantonese, Taiwanese
Mon, Wed, Fri: 8 am – Noon
Tues, Thurs: 9 am – 5 pm
Closed for lunch: Noon-2 pm

Torrance (Cont.)



Thomas Lin, MD
Internal Medicine
3655 Lomita Blvd., #101
Torrance, CA 90503
Phone: 310-543-1677
Fax: 310-543-9838
Accepting patients age 14 and over
Additional languages: Japanese, Taiwanese, Mandarin
Mon – Fri: 9 am – 5 pm
Closed for lunch: Noon – 2 pm



Betty Lo, MD
Family Medicine
3701 SkyPark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Not accepting new patients
Additional languages: Mandarin



Sarwat Mahmud, MD
Internal Medicine
2841 Lomita Blvd. #315
Torrance, CA 90505
Phone: 310-257-5730
Fax: 310-539-1322
Not accepting new patients
Additional languages: Urdu



Marcil M. Mamita, MD
Internal Medicine (with special interest in Geriatric Medicine)
3655 Lomita Blvd., #418
Torrance, CA 90505
Phone: 310-530-6900
Fax: 310-530-6902
Accepting patients age 21 and over
Additional languages: Arabic, Spanish
Mon – Fri: 9 am – 5 pm

Torrance (Cont.)



Soohan Mansuri, MD
Family Medicine
 3640 Lomita Blvd #200
 Torrance, CA 90505
 Phone: 310-944-9344
 Fax: 310-868-1600
Accepting patients age 18 and over
 Additional languages: Urdu



Nima Moghadam, MD
Internal Medicine
 3701 SkyPark Dr., #100
 Torrance, CA 90505
 Phone: 310-378-2234
 Fax: 310-378-9795
Not accepting new patients
 Additional languages: Farsi
 Mon – Fri: 8 am – 5 pm



Parivash Mohamadi, MD
Internal Medicine
 4305 Torrance Blvd., #500
 Torrance, CA 90503
 Phone: 310-370-5694
 Fax: 310-214-6671
Accepting patients age 18 and over
 Additional languages: Spanish,
 French, Persian
 Mon – Fri: 9 am – 5 pm



Azhar Muttalib, MD
Internal Medicine
 23639 Hawthorne Blvd., #102
 Torrance, CA 90505
 Phone: 310-373-9980
 Fax: 310-373-5556
*Accepting new senior plan
 patients only*
 Additional languages: Urdu, Hindi

Torrance (Cont.)



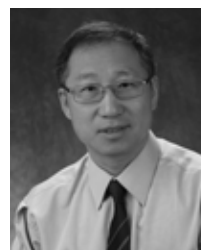
Rehan Muttalib, MD
Family Medicine
 23639 Hawthorne Blvd., #102
 Torrance, CA 90505
 Phone: 310-373-9980
 Fax: 310-373-5556
Accepting new patients
 Additional languages: Urdu, Spanish,
 Hindi
 Mon – Fri: 9 am – 5 pm



Behzad Noorian, MD
Internal Medicine
 23000 Crenshaw Blvd., #203
 Torrance, CA 90505
 Phone: 310-325-4445
 Fax: 310-325-4409
Accepting patients age 16 and over
 Additional languages: Farsi
 Mon, Fri: 9 am – 1 pm



Meena Oberoi, MD
Family Medicine
 23639 Hawthorne Blvd., #102
 Torrance, CA 90505
 Phone: 310-373-9980
 Fax: 310-373-5556
Accepting patients age 8 and over
 Additional languages: Hindi, Punjabi
 Mon – Fri: 10 am – 2 pm



David Oh, MD
Internal Medicine
 4305 Torrance Blvd., #509
 Torrance, CA 90503
 Phone: 310-543-2977
 Fax: 310-746-4171
Not accepting new patients
 Additional languages: Korean
 Mon – Fri: 9 am – 5 pm

Primary Care Physicians

Torrance (Cont.)



Karen Oh, DO
Internal Medicine
23000 Crenshaw Blvd., #208
Torrance, CA 90505
Phone: 310-326-1147
Fax: 310-326-1148
Not accepting new patients
Additional languages: Spanish
Mon – Fri: 8:30 am – 5 pm



Jennifer Park, MD
Family Medicine
3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Not accepting new patients



Panteha Rezaeian, MD
Family Medicine
3333 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758
Not accepting new patients



Neda B. Rouhi, MD
Internal Medicine
3333 Skypark Dr., #100
Torrance, CA 90505
Phone: (310)784-6300
Fax: 310-891-6758
Accepting new patients
Additional languages: Farsi
Mon – Fri: 8 am – 5 pm

Torrance (Cont.)



Norma M. Sarao, MD
Internal Medicine
4305 Torrance Blvd., #305
Torrance, CA 90503
Phone: 310-371-2288
Fax: 310-371-3349
Accepting patients age 16 and over
Additional languages: Tagalog, Spanish
Mon – Fri: 9 am – 5 pm



Tatyana Sarkisova, MD
Family Medicine
3655 Lomita Blvd., #108
Torrance, CA 90505
Phone: 310-373-9768
Fax: 310-373-9769
Accepting new patients
Additional languages: Russian

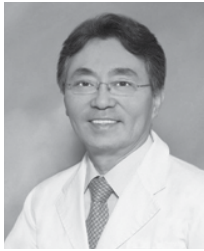


Milena Shakhbazova, MD
Family Medicine
3333 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758
Not accepting new patients
Additional languages: Russian
Mon – Fri: 8 am – 5 pm



Meng (Lana) Shi, MD
Family Medicine
2841 Lomita Blvd., #315
Torrance, CA 90505
Phone: 310-257-5730
Accepting new patients

Torrance (Cont.)



Peter B. Shin, MD
Family Medicine
2780 Skypark Dr., #200
Torrance, CA 90505
Phone: 310-326-2161
Fax: 310-534-5026
Accepting new patients
Additional languages: Korean



Yusha I. Siddiqui Ahmed, MD
Internal Medicine
2841 Lomita Blvd., #315
Torrance, CA 90505
Phone: 310-257-5730
Fax: 310-265-4780
Accepting new patients

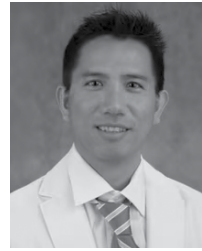


David Stern, MD
Family Medicine
3400 Lomita Blvd., #104
Torrance, CA 90505
Phone: 310-784-8000
Fax: 310-784-8008
Not accepting new patients
Additional languages: Spanish
Mon, Tues, Wed, Fri: 8:30 am – 3:30 pm



Anhtuan Tong, MD
Internal Medicine
3584 Redondo Beach Blvd.
Torrance, CA 90504
Phone: 310-856-4944
Fax: 310-856-4945
Accepting patients age 8 and over
Additional languages: Vietnamese
Mon – Fri: 10 am – 5 pm

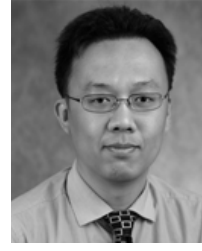
Torrance (Cont.)



Aaron Tran, MD
Internal Medicine
22910 Crenshaw Blvd #A
Torrance, CA 90505
Phone: 310-294-9444
Fax: 310-857-6789
Additional languages: Spanish and
Vietnamese



Quynh Chi Thuy Tran, MD
Internal Medicine
1727 Crenshaw Blvd.,
Torrance, CA 90501
Phone: 310-373-7855
Fax: 424-704-2493
Accepting new patients



Gary Tsai, MD
Family Medicine
2900 Lomita Blvd.
Torrance, CA 90505
Phone: 310-257-7260
Fax: 310-539-1322
Not accepting new patients



Chris M. Tsuneishi, MD
Internal Medicine
4201 Torrance Blvd., #360
Torrance, CA 90503
Phone: 310-543-1050
Fax: 310-543-1049
Accepting patients age 16 and over
Additional languages: Spanish, Japanese
Mon – Fri: 9 am – 5 pm

Torrance (Cont.)



Ruben Varghese, DO
Family Medicine

3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795

824 E Carson St., #101
Carson, CA 90745
Phone: 310-233-3203
Fax: 310-549-7010
Accepting New Patients



Maria Vollucci, DO
Family Medicine

2841 Lomita Blvd., #135
Torrance, CA 90505
Phone: 310-784-6954
Fax: 310-326-5679

Not Accepting new patients
Mon – Fri: 8 am – 5 pm



Michael Yu, MD
Family Medicine

3333 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758

Not accepting new patients
Additional languages: Mandarin, Taiwanese

Wilmington



Siman Homan, MD
Internal Medicine

1231 N. Avalon Blvd.
Wilmington, CA 90744
Phone: 310-835-7215
Fax: 310-835-6520

Accepting new patients
Additional languages: Farsi
Mon – Fri: 8 am – 5 pm

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Kristin Andrade, MD

20911 Earl St., #100
Torrance, CA 90503
Phone: 310-214-2246
Fax: 310-370-1590

Leila Bozorgnia, MD

23530 Hawthorne Blvd., #260
Torrance, CA 90505
Phone: 424-322-9866
Fax: 424-866-8764

Richard Brucker, MD

2110 E. El Segundo Blvd., #210
El Segundo, CA 90245
Phone: 310-784-8704
Fax: 310-893-0430

Richard F. Cabrera, MD

855 Manhattan Beach Blvd., #103
Manhattan Beach, CA 90266
Phone: 310-939-7850
Fax: 310-939-7851

Children's Medical Group**Katherine Henry, MD****Ly A. Nguyen, MD****Laura Sergis, MD**

3440 Lomita Blvd., #352
Torrance, CA 90505
Phone: 310-539-2445
Fax: 310-539-0061

Alice Diego-Malit, MD

23517 S. Main St., #101
Carson, CA 90745
Phone: 310-549-2840
Fax: 310-549-3115

Julie A. Douglass, MD

20911 Earl St., #100
Torrance, CA 90503
Phone: 310-370-8001
Fax: 310-370-1590

Raquel Fernandez, MD

3440 Lomita Blvd., #250
Torrance, CA 90505
Phone: 310-517-1188
Fax: 310-943-6522

Not Accepting New Patients

Kenneth E. Follmar III, MD

1294 W. 6th St., #102
San Pedro, CA 90731
Phone: 310-832-6487
Fax: 310-832-6913

Erin Hamilton, MD

3440 Lomita Blvd., #250
Torrance, CA 90505
Phone: 310-517-1188
Fax: 310-943-6522

Hanaa Hanna, MD

887 W. 9th St.
San Pedro, CA 90731
Phone: 310-547-0887
Fax: 310-547-4296
Accepting patients ages 0-21

Mridula Kedia, MD

4201 Torrance Blvd., #380
Torrance, CA 90503
Phone: 310-540-5676
Fax: 310-543-3092

Jisue Kim Coye, MD

20911 Earl St., #100
Torrance, CA 90503
Phone: 310-370-7759
Fax: 310-370-1590

Lori R. Krieger, MD

1360 W. 6th St., #300
San Pedro, CA 90732
Phone: 310-514-0838
Fax: 310-514-0425

Barbara Lee, MD

824 E. Carson St., #202
Carson, CA 90745
Phone: 310-233-3209
Fax: 310-233-3211

Annette Liu, MD

824 E. Carson St., #202
Carson, CA 90745
Phone: 310-233-3209
Fax: 310-233-3211

Teresa Miller, MD

2110 E. El Segundo Blvd., #210
El Segundo, CA 90505
Phone: 310-784-8704
Fax: 310-893-0430

Lauren N. Nguyen, MD

3440 Lomita Blvd., #352
Torrance, CA 90505
Phone: 310-539-2445
Fax: 310-539-0061

Andrew Novom, MD

1294 W. 6th St., #102
San Pedro, CA 90731
Phone: 310-832-6487
Fax: 310-832-6913

Grace Pyo, DO

3440 Lomita Blvd., #250
Torrance, CA 90505
Phone: 310-517-1188
Fax: 310-943-6522

Kimberly Ramirez-Chan, MD

20911 Earl St., #100
Torrance, CA 90503
Phone: 310-214-2213
Fax: 310-370-1590

Eva Rodriguez-Ellis, MD

1403 Lomita Blvd., #305
Harbor City, CA 90710
Phone: 310-325-4344
Fax: 310-325-0594

Evangeline Roxas-Butlig, MD

1727 Crenshaw Blvd.
Torrance, CA 90501
Phone: 310-373-7855
Fax: 424-704-2493

1000 E. Dominguez St., #110

Carson, CA 90746
Phone: 310-715-7755
Fax: 310-366-7711

Emile Shenouda, MD

4161 Redondo Beach Blvd., #100
Lawndale, CA 90260
Phone: 310-214-1407
Fax: 310-214-1488
Accepting new patients
Additional languages: Korean

Elaine Shoji, MD

827 Deep Valley Dr., #102
Rolling Hills Estates, CA 90274
Phone: 310-541-8801
Fax: 310-541-8703

Rita Tenenbaum, MD

705 Pier Ave., #C
Hermosa Beach, CA 90254
Phone: 310-406-0827
Fax: 310-406-8378

Lana Vasiljevic-Abelson, MD

3440 Lomita Blvd#250

Torrance, CA 90505

Phone: 310-517-1188

Fax: 310-943-6522

Victor, Gabriella Lucille, MD

3440 Lomita Blvd., # 352

Torrance, CA 90505

Phone: 310-539-2445

Fax: 310-539-0061

Susy Yusung, MD

855 Manhattan Beach Blvd., #103

Manhattan Beach, CA 90266

Phone: 310-939-7850

Fax: 310-939-7851

Acupuncture

NOTE: Check with your health plan for benefits coverage

Yusuke Mori, LAC

28924 S. Western Ave. # 222
Rancho Palos Verdes, CA
90275
Phone: 310-791-0437
Fax: 323-289-8448

Yun Jeong Choi, LAC

2040 Pacific Coast Hwy #R
Lomita, CA 90717
Phone: 310-257-9080
Fax: 310-257-9078

Allergy

Dean T. Chiang, MD

3440 Lomita Blvd., #228
Torrance, CA 90505
Phone: 310-326-3371
Fax: 310-326-2294

Allan Singer, MD

3440 Lomita Blvd., #228
Torrance, CA 90505
Phone: 310-326-3371
Fax: 310-326-2294

Bariatric Surgery

Association of South Bay Surgeons

Michael Li, MD
Houman Solomon, MD
Aileen M. Takahashi, MD
23451 Madison St., #340
Torrance, CA 90505
Phone: 310-373-6864
Fax: 310-373-9547

Behavioral Health Marriage & Family Counseling

* Medicare Advantage Members Only

Alina Añorga, LCSW

24520 Hawthorne Blvd., #116
Torrance, CA 90505
Phone: 310-378-0302
Fax: 310-544-2411
Additional languages: Spanish

Jamie Gelbart, MFT

24445 Hawthorne Blvd. #202
Torrance, CA 90505
Phone: 310-257-5785

Bensen F. Ho, MFT

2790 Skypark Dr., #205
Torrance, CA 90505
Phone: 310-855-3990
Fax: 424-276-7676

Brandi M. Zamora, MFT

2790 Skypark Dr., #205
Torrance, CA 90505
Phone: 310-855-3990
Fax: 424-276-7676

Behavioral Health Psychiatry

*Medicare Advantage Members Only

Harold P. Ceasar, MD

3655 Lomita Blvd., #412
Torrance, CA 90505
Phone: 310-373-7989
Fax: 310-373-0309
Not accepting new patients

Audrey Chen, MD

Vanessa Hernandez, MD
3400 Lomita Blvd., #104
Torrance, CA 90505
Phone: 310-517-1262
Fax: 310-517-1277

Mindpath Health

Irina Addes, MD
Isabel Puri, MD
Robert Winston, MD
3333 Skypark Dr., #220
Torrance, CA 90505
Phone: 310-257-5750
Fax: 310-257-5753

Pacific Pain & Wellness Group

Kartik Ananth, MD
Gelareh Solomon, PHD
23150 Crenshaw Blvd., #100
Torrance, CA 90505
Phone: 310-437-7399
Fax: 310-437-7398

Kartik Ananth, MD

2809 N. Sepulveda Blvd #C
Manhattan Beach, CA 90266
Phone: 310-437-7399

Regeneration Psychiatry

Tashlee Brown, PhD
Wenqi Feng, MD
Justin Key, MD
Arjun Kumar, MD
Celena J. Pentagulio, MD
Jobert Poblete, MD
Stephanie Sabra MD
Brittany Tarrant MD
2512 Artesia Blvd. #320
Redondo Beach, CA 90278
Phone: 424-277-3899

Celena J. Pentagulio, MD

Veronica I. Sanchez, MD
5757 Wilshire Blvd. #448
Los Angeles, CA 90036
Phone: 424-277-3899

Rebecca Salamo, MD

Veronica I. Sanchez, MD
2512 Artesia Blvd. #310
Redondo Beach, CA 90278
Phone: 424-277-3899

Thomas Willett, MD

4477 W. 118th St., #400
Hawthorne, CA 90250
Phone: 310-978-0884
Fax: 310-978-1214

Behavioral Health Psychology

*Medicare Advantage Members Only

Sandra Brown, PhD
3424 Carson St., #580
Torrance, CA 90503
Phone: 310-370-1173
Fax: 310-542-9858

Cristine Bruzzone, PsyD

Daniel E. Bruzzone, PsyD
2790 Skypark Dr., #205
Torrance, CA 90505
Phone: 310-855-3990
Fax: 424-276-7676

Stephen Friedman, PhD

609 30th St.,
Hermosa Beach, CA 90254
Phone: 310-308-1321

Cristina Moldovan, PhD

Ingrid Jacobs Hicks MFT
3400 Lomita Blvd, # 104
Torrance, CA 90505
Phone: 310-517-1262
Fax: 310-517-1277

Diana M. Siguenza Lizarde, LCSW

4401 Atlantic Ave., #200
Long Beach, CA 90807
Phone: 562-984-2031
Fax: 562-685-0459

Crystal Quarry, PhD

225 Ave I #204,
Redondo Beach, CA 90277
Phone: 424-903-6520
Fax: 424-772-6993

Cardiology

*Self-referral for adults. Consults only.

NOTE: For children, see also Pediatric Cardiology

William K. Averill, MD

3400 Lomita Blvd., #603
Torrance, CA 90505
Phone: 310-326-5142
Fax: 310-326-3154
Patients age 18 and over only

COR Healthcare Medical Associates

Torrance location:

Arash Aghel, MD
Salman Azam, MD
Gaurav Banka, MD
Brenton Bauer, MD
Eric Castleman, MD
Ankush Chhabra, MD
Michael Healy, MD
Wilson Kwan, MD
James Matchison, MD
Ram Reddy, MD

Ray Michael Wyman, MD

2841 Lomita Blvd., #100
Torrance, CA 90505
Phone: 310-257-0508
Fax: 310-325-8109

Redondo Beach location:

Bruce Jackson, MD
James Matchison, MD
520 N. Prospect Ave., #300
Redondo Beach, CA 90277
Phone: 310-372-1156
Fax: 310-372-6504

San Pedro location:

Arash Aghel, MD
1360 6th St., #315
San Pedro, CA 90732
Phone: 310-547-9922

Cardiology (Cont.)

*Self-referral for adults.
Consults only

Emad Khaleeli, MD
4305 Torrance Blvd., #301
Torrance, CA 90505
Phone: 310-793-4327
Fax: 310-793-4307
Patients age 18 and over only

Torrance Memorial Physician Network – South Bay Heart

Nadia Jafar Curran, MD
Wilson Kwan, MD
Victoria Y. Shin, MD
2841 Lomita Blvd., #235
Torrance, CA 90505
Phone: 310-517-8950
Fax: 310-326-6054
Patients age 18 and over only

Nadia Jafar Curran, MD
855 Manhattan Beach Blvd
#101
Manhattan Beach, CA
90266
Phone: 310-257-0505

Cardiothoracic Surgery

Cardiothoracic Surgery Group

John Stoneburner, MD
2841 Lomita Blvd., #310
Torrance, CA 90505
Phone: 310-784-6946
Fax: 310-326-6005

Chiropractic

*NOTE: Check with your health
plan for benefits coverage*

Dean H. Cummings, DC
2215 Torrance Blvd., # A
Torrance, CA 90501
Phone: 310-320-6250
Fax: 310-320-6036

Colon/Rectal Surgery

Association of South Bay Surgeons

David Koller, MD
Catherine Madorin, MD
23451 Madison St., #340
Torrance, CA 90505
Phone: 310-373-6864
Fax: 310-373-9547

Dermatology

*Self-referral for adults

Clear Dermatology

Melissa Camouse, DO
Malcolm Ke, MD
Dennis Nguyen, MD
23456 Hawthorne Blvd., #100
Torrance, CA 90505
Phone: 310-540-5272
Fax: 310-540-5271

CSI Medical Group

Roy Blumenstrauch, MD
Andrew Breithaupt, MD
Julia Kwan, MD
4201 Torrance Blvd., #640
Torrance, CA 90503
Phone: 310-543-4444
Fax: 310-543-4446

Endocrinology

Soubhi Bahna, MD
2841 Lomita Blvd #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565

Anshu Buttan, MD
2841 Lomita Blvd., #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565

Lauren E. Choi, MD
2841 Lomita Blvd., #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565
Not accepting new patients

Parul Khanna, MD
2110 E. El Segundo Blvd., #230
El Segundo, CA 90245
Phone: 310-257-5741
Fax: 310-909-7315

2841 Lomita Blvd.,
Torrance, CA 90505
Phone: 310-379-2860
Fax: 310-325-1144

Hung P. Nguyen, MD
2841 Lomita Blvd., #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565

Cynthia Ro, MD
2841 Lomita Blvd., #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565
Not accepting new patients

Electrophysiology

Sang Yong Ji, MD
Erol Kosar, MD
Matthew Ostrom, MD
2841 Lomita Blvd., #100
Torrance, CA 90505
Phone: 310-257-0508
Fax: 310-325-8109

Gene Kim
2841 Lomita Blvd # 285
Redondo Beach, CA 90277
Phone: 310-257-0508

Gastroenterology

*Self-referral for adults

*NOTE: For children, see also
Pediatric Gastroenterology*

South Bay Gastroenterology Medical Group

Daniel Cho, MD
Jerome Cohen, MD
Tonny Lee, MD
Melissa Munsell, MD*
Minh Nguyen, MD
Gloria Sze, MD
Oren Zaidel, MD
23456 Hawthorne Blvd., #300
Torrance, CA 90505
Phone: 310-539-2055
Fax: 310-539-0199
Patients age 18 and over only
**Patients age 12 and over only*

General Surgery

*NOTE: For children, see also
Pediatric Surgery*

Association of South Bay Surgeons

Rashaan Ali-Jones, MD
Neil H. Bhayani, MD
Ann F. Callahan, MD
James E. Camel, MD
Melanie Friedlander, MD
David Koller, MD
Albert Lam, MD
Roman Litwinski, MD
Catherine Madorin, MD
Myron Colin Mariano, MD
Timothy J. Morley, MD
Sarah E. Pivo, MD
Houman Saedi, MD
Houman Solomon, MD
Aileen M. Takahashi, MD
23451 Madison St., #340
Torrance, CA 90505
Phone: 424-315-1030
Fax: 310-373-9547
Patients age 12 and over only

Gynecology Oncology

Fikret Atamdede, MD
23600 Telo Ave., #250
Torrance, CA 90505
Phone: 310-375-8446
Fax: 310-375-8489

Ramin Mirhashemi, MD
23600 Telo Ave., #250
Torrance, CA 90505
Phone: 310-375-8446
Fax: 310-375-8489

Morgan Taylor, MD
23600 Telo Ave., #250
Torrance, CA 90505
Phone: 310-375-8446
Fax: 310-375-8489

Hematology/ Oncology

Cancer Care Associates
David Chan, MD
Vanessa Dickey, MD
Hugo Hool, MD
Andrew G. Horodner, MD
Syed Jilani, MD
Thomas E. Lowe, MD
Swati Sikaria, MD
Justin Tiulim MD
3285 Skypark Drive
Torrance, CA 90505
Phone: 310-750-3300
Fax: 310-325-1060

Kamalesh Sankhala, MD
9100 Wilshire Blvd.
Suite 840 W
Beverly Hills, CA 90212
Phone: 424-777-0708
Fax: 424-421-2522

Infectious Diseases

*NOTE: For children, see also
Pediatric Infectious Diseases*

**Milefchik-Rand
Medical Group**
Eriko Masuda, MD
Eric N. Milefchik, MD
David D. Rand, MD
Jalali Ziba, MD
2841 Lomita Blvd., #135
Torrance, CA 90505
Phone: 310-784-6954
Fax: 310-326-5679
*Accepting patients age 18
and over*

Vladimir Labalo, MD
2841 Lomita Blvd #135
Torrance, CA 90505
Phone: 310-784-6954
Fax: 310-326-5679

Infertility

*NOTE: Only OB/GYN may
refer to infertility consultants*

Omid Khorram, MD
23550 Hawthorne Blvd., #210
Torrance, CA 90505
Phone: 310-378-7445
Fax: 310-378-7427

Pacific Coast Reproductive
Rifaat D. Salem, MD
3720 Lomita Blvd., #200
Torrance, CA 90505
Phone: 310-376-7000
Fax: 310-373-0319

Innovative Infertility Group
Joshua J. Berger, MD
3500 N. Sepulveda Blvd.,
#130
Manhattan Beach, CA 90266
Phone: 310-648-2229
Fax: 310-333-0666

Maternal Fetal Medicine

Magella Medical Group, Inc.
Kenneth Chan, MD
Michael Nageotte, MD
2888 Long Beach Blvd.,
#400
Long Beach, CA 90806
Phone: 562-997-8510
Fax: 562-933-1245

Vikas Sachar, MD
3440 Lomita Blvd., #440
Torrance, CA 90505
Phone: 424-250-9186
Fax: 323-345-6468

Nephrology

*NOTE: For children, see also
Torrance Memorial IPA Utilization
Management*

Khaja R. Ahmed, MD
20911 Earl St., #380
Torrance, CA 90503
Phone: 424-390-4035
Fax: 424-390-4107
Patients age 16 and over only

**Internal Medicine &
Nephrology Medical Group**
Philip Chung, MD
Omer Khan, MD
Edgar Musngi, MD
Mahdi Yazdany, MD*
2841 Lomita Blvd., #215
Torrance, CA 90505
Phone: 310-379-2860
Fax: 310-325-1144
Patients age 15 and over only
**Patients age 17 years and older*

**Internal Medicine &
Nephrology Medical Group**
Vinh T. Cam, MD
Jonathan Sung, MD
Ana Ortiz-Guerrero, MD
3291 Skypark Drive
Torrance, CA 90505
Phone: 310-325-4517
Fax: 310-325-1144
*Accepting patients age 15 and
over only*

Steven Sawelson, MD
20911 Earl St., #200
Torrance, CA 90503
Phone: 310-542-7997
Fax: 310-542-2607
Patients age 18 and over only

Wayne Tsang, MD
2841 Lomita Blvd., #300
Torrance, CA 90505
Phone: 310-793-6677
Fax: 310-793-2321
Not accepting new patients

Neurology

*NOTE: For children, see also
Pediatric Neurology*

**Torrance Memorial
Physician Network,
Neurology**
Kevin Kapur, MD
Jeffrey Kim, MD
Jeannie Lee, MD
Jie Pan, MD, PhD
Ben Tseng, MD
23530 Hawthorne Blvd.,
#100A
Torrance, CA 90505
Phone: 310-517-7021
Fax: 310-784-1903

Neurosurgery

*NOTE: For children, see also
Torrance Memorial IPA
Utilization Management*

George Hanna, MD
Vladimir Ljubimov, MD
23530 Hawthorne Blvd.,
#100A
Torrance, CA 90505
Phone: 310-517-7022
Fax: 310-539-1050

Obstetrics/ Gynecology

*Self-referral for adults. Consults and routine preventive services

Zachary Abelson, MD
3440 Lomita Blvd., # 240
Torrance, CA 90505
Phone: 310-784-6822
Fax: 310-517-9002

Christine Djapri, MD
3440 Lomita Blvd., #427
Torrance, CA 90505
Phone: 310-325-9400
Fax: 310-325-9406

Soha Elgharib, MD
510 N. Prospect Ave., #320
Redondo Beach, CA 90277
Phone: 310-376-2716
Fax: 310-374-9163

29409 S. Western Ave.,
San Pedro, CA 90274
Phone: 310-784-6848
Fax: 310-514-4902

Erica Flores, DO
824 E. Carson St., #203
Carson, CA 90745
Phone: 310-543-5448
Fax: 310-316-5318

Sunetris Fluellen, MD
3440 Lomita Blvd., #240
Torrance, CA 90505
Phone: 310-784-6822
Fax: 310-517-9002

Aviv Herzlich, MD
2110 E. El Segundo Blvd.,
#220
El Segundo, CA 90245
Phone: 310-784-8745
Fax: 310-893-0431

Ricardo E. Huete, MD
824 E. Carson St., #203
Carson, CA 90745
Phone: 310-543-5448
Fax: 310-316-5318

Savannah Kimball, MD
2110 E. El Segundo Blvd.,
#220
El Segundo, CA 90245
Phone: 310-784-8745
Fax: 310-893-0431

824 E Carson St., #203
Carson, CA 90745
Phone: 310-543-5448
Fax: 310-316-5318

3440 Lomita Blvd., # 240
Torrance, CA 90505
Phone: 310-784-6822
Fax: 310-517-9002

Freya Marshall, MD
3400 Lomita Blvd., #602
Torrance, CA 90505
Phone: 310-326-5150
Fax: 310-326-0762

Frances McKindsey, MD
2110 E. El Segundo Blvd.,
220
El Segundo, CA 90245
Phone: 310-784-8745
Fax: 310-893-0431

Alexander Mejia, MD
2110 E. El Segundo Blvd.,
220
El Segundo, CA 90245
Phone: 310-784-8745
Fax: 310-893-0431

3440 Lomita Blvd., #240
Torrance, CA 90505
Phone: 310-784-6822
Fax: 310-784-6839

Astrid Mendoza, DO
4201 Torrance Blvd., #780
Torrance, CA 90503
Phone: 310-543-2532
Fax: 310-540-9707

Erika Morikawa, MD
3440 Lomita Blvd., #240
Torrance, CA 90505
Phone: 310-784-6822
Fax: 310-784-6839

Beni Naghi, MD
3400 Lomita Blvd., #602
Torrance, CA 90505
Phone: 310-326-5150
Fax: 310-326-0762

855 Manhattan Beach Blvd.,
#209
Manhattan Beach, CA 90266
Phone: 310-939-1881
Fax: 310-939-1882

Megan Oakes, MD
2888 Long Beach Blvd.,
#400
Long Beach, CA 90806
Phone: 562-997-8510
Fax: 562-997-8520

Hilda Elena Rodriguez, MD
3440 Lomita Blvd., #427
Torrance, CA 90505
Phone: 310-325-9400
Fax: 310-325-9406
*Gynecology only
Not Accepting New Patients

Steven H. Rosenberg, MD
3400 Lomita Blvd., #400
Torrance, CA 90505
Phone: 310-539-4957
Fax: 310-539-9175

Cheryl Sanders, MD
510 N. Prospect Ave., #320
Redondo Beach, CA 90277
Phone: 310-376-2716
Fax: 310-374-9163

29409 S. Western Ave.,
San Pedro, CA 90274
Phone: 310-784-6848
Fax: 310-514-4902

Barbara L. Schulz, MD
510 N. Prospect Ave., #320
Redondo Beach, CA 90277
Phone: 310-376-2716
Fax: 310-374-9163

Carrie Wambach, MD
8383 Wilshire Blvd #700
Beverly Hills, CA 90211
Phone: 310-855-2229
Fax: 310-751-5144

Ophthalmology – Retinal Specialist

**Carson & Boswell, Inc.,
South Coast Retina Center**
2601 Airport Dr., #210
Torrance, CA 90505
Phone: 310-534-2209
Fax: 310-626-6440
[Long Beach Location](#)
Yong S. Han, MD
4300 Long Beach Blvd.,
#300
Long Beach, CA 90807
Phone: 562-984-7024
Fax: 562-984-9477

Ophthalmology

NOTE: For children, see also Pediatric Ophthalmology

Lydia Matkovich, MD
23600 Telo Ave., #210
Torrance, CA 90505
Phone: 310-626-8055
Fax: 310-626-8058
*Glaucoma services only

Viren Rana, DO
4300 Long Beach Blvd., #300
Long Beach, CA 90807
Phone: 562-984-7024
Fax: 562-984-9477

**Wolstan & Goldberg
Eye Associates**
Damien F. Goldberg, MD
F. Jacob Khoubian, MD
Valentina Lozano MD
T. Mai Phan, MD
Barry Wolstan, MD
23600 Telo Ave., #100
Torrance, CA 90505
Phone: 310-543-2611
Fax: 310-543-2056

Optometry

Sheryl Bruce, MD
3858 W. Carson St., #110
Torrance, CA 90503
Phone: 310-792-6200
Fax: 310-792-6223

Shirley Chio, OD
23600 Telo Ave., #100
Torrance, CA 90505
Phone: 310-543-2611
Fax: 310-543-2056

Deborah Geering-Fend, OD
3858 W. Carson St., #110
Torrance, CA 90503
Phone: 310-792-6200
Fax: 310-792-6223

Susan Kaspian, OD
1735 Pacific Coast Highway
Lomita, CA 90717
Phone: 310-325-0986
Fax: 310-325-0790

**Wolstan & Goldberg
Eye Associates**
Isabel Duong, OD
Cindy T. Wilde, OD
23600 Telo Ave., #100
Torrance, CA 90505
Phone: 310-543-2611
Fax: 310-543-2056

Orthopedic Surgery

NOTE: All referrals to orthopedic surgery must be approved by the Torrance Memorial IPA Utilization Management Department

Hand Surgery
Anthony K. Ahn, MD
23000 Crenshaw Blvd., #205
Torrance, CA 90505
Phone: 310-356-9898
Fax: 310-499-9251

**Orthopedic
Surgical Specialists**
Juan Frisancho, MD
Peter Lorman, MD
Akshay Mehta, MD
23600 Telo Ave., #180
Torrance, CA 90505
Phone: 310-257-1500
Fax: 310-257-1508

**Torrance Memorial
Physician Network,
Orthopedic and
Spine Center**
John P. Andrawis, MD
Jason A. Davis, MD
Christopher Hoshino, MD
Andrew Lim, MD
Stephen Nuccion, MD
Randolph O'Hara, MD
Don Sanders, MD
Donald Striplin, MD
Keri Reese Zikuhr, MD
Daniel Zinar, MD
23550 Hawthorne Blvd., #120
Torrance, CA 90505
Phone: 310-517-1216

23560 Crenshaw Blvd., #102
Torrance, CA 90505
Phone: 310-784-2355

705 Pier Ave., #B
Hermosa Beach, CA 90254
Phone: 310-784-2355

Otolaryngology (ENT)

**Torrance Memorial
Physician Network, ENT**
Alex Gertel, MD
David Kim, MD
Marissa Schwartz, MD
Srinivas Yanamadala, MD
Yuan Liu, MD

23560 Crenshaw Blvd, #101
Torrance, CA 90505
Phone: 310-891-6733
Fax: 310-517-1348

Pain Management

Georges El Khoury, MD
2650 Elm Ave., #218
Long Beach, CA 90806
Phone: 562-424-2900
Fax: 562-424-3200

**Pacific Pain &
Wellness Group**
Kartik Ananth, MD
Gelareh Solomon, PHD
23150 Crenshaw Blvd., #100
Torrance, CA 90505
Phone: 310-437-7399
Fax: 310-437-7398
Kartik Ananth, MD
2809 N. Sepulveda Blvd #C
Manhattan Beach, CA 90266
Phone: 424-218-6073

Isaac Jenabi, MD
23550 Hawthorne Blvd, #120
Torrance, CA 90505
Phone: 310-891-6795
Fax: 323-300-5505

Bao Nguyen, MD
555 Pier Avenue, # 1
Hermosa Beach, CA 90254
Phone: 424-488-0500
Fax: 424-488-0498

Joseph C. Peck, MD
1200 Rosecrans Ave. # 202
Manhattan Beach, CA 90266
310-618-9922
Fax: 888-618-2660

Matthew R. Robinson, DO
1200 Rosecrans Ave., # 202
Manhattan Beach, CA 90266
Phone: 949-990-3676
Fax: 888-618-2660

555 Pier Ave., # 1
Hermosa Beach, CA 90254
Phone: 424-488-0500
Fax: 424-488-0498

Fabian Proaño, MD
3655 Lomita Blvd., #206
Torrance, CA. 90505
Phone: 310-791-4980
Fax: 310-791-4989

Sina Samie, MD
23550 Hawthorne Blvd., #120
Torrance, CA 90505
Phone: 310-891-6795
Fax: 323-300-5505
Not Accepting New Patients

Physical Medicine and Rehabilitation

Sherry Ellen Sonka, MD
21151 S. Western Ave. #135M
Torrance, CA 90501
Phone: 310-386-2305
Fax: 310-544-4640

Mayur Mistry, PT
3701 Skypark Dr., #235
Torrance, CA 90505
Phone: 310-791-7980
Fax: 310-791-7995

**Torrance Memorial
Outpatient Rehabilitation
Department**
3330 Lomita Blvd.
Torrance CA 90505
Phone: 310-517-4735
Fax: 310-784-4978

Plastic Surgery

John K. McKissock, MD
3440 Lomita Blvd., #440
Torrance, CA 90505
Phone: 310-257-9425
Fax: 310-530-2146

**Association of South Bay
Plastic Surgeons
Medical Group**

Whitney Burrell, MD
Lisa L. Jewell, MD
Ni-Jui Liang, MD
Michael Newman, MD
Juan Luis Rendon, MD
3640 Lomita Blvd., #306
Torrance, CA 90505
Phone: 310-784-0644
Fax: 310-784-0544

Podiatry

*Self-referral for adults

Robert Anavian, DPM
3440 Lomita Blvd., #137
Torrance, CA 90505
Phone: 310-793-1158
Fax: 310-793-1161

Phillip E. Darragh, DPM
2850 Artesia Blvd., #204
Redondo Beach, CA 90278
Phone: 310-370-1980
Fax: 424-378-1207

3440 Lomita Blvd., #137
Torrance, CA 90505
Phone: 310-370-1980
Fax: 424-378-1207

Pulmonology

*Self-referral for adults

*NOTE: For children, see also
Pediatric Pulmonology*

Jamie M. Kagihara, MD
2841 Lomita Blvd #235
Torrance, CA 90505
Phone: 310-517-8950
Fax: 310-326-6054

2110 E. El Segundo Blvd.,
#230
El Segundo, CA 90245
Phone: 310-257-5741
Fax: 310-909-7315

**Torrance Memorial
Physician Network –
Pulmonary and Sleep**

John Abe, MD
Khalid M. Eltawil, MD**
Richard Huynh, MD
Mladen A. Rasic, MD**
Deren Sinkowitz, MD
*Torrance Memorial
Specialty Center*
2841 Lomita Blvd., #235
Torrance, CA 90505
Phone: 310-517-8950
Fax: 310-326-6054
** Sleep Medicine Specialist

Rheumatology

**Arthritis Treatment Center
Bett Eng, MD**

David Klashman, MD
Sheherbano Mehdi, MD
23441 Madison St., #340
Torrance, CA 90505
Phone: 310-373-0340
Fax: 310-373-7142
*Accepting patients age 18 and
over only*

Benedict Chou, MD
2110 E. El Segundo Blvd.,
#230
El Segundo, CA 90245
Phone: 310-257-5741
Fax: 310-909-7315
*Accepting patients age 18 and
over only*

Dilrukshie Cooray, MD
Joe Gamboa, MD
3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-257-7297
Fax: 310-257-5727
*Accepting patients age 18 and
over only*

Urology

*Self-referral for adults, consults
and routine preventive services

**South Bay Urology
Medical Group**

Timothy Lesser, MD
Marcus Kauffman, MD
Shelby Morrisroe, MD
20911 Earl St., #140
Torrance, CA 90503
Phone: 310-542-0199
Fax: 310-542-4652
Accepting new patients

**Urology Institute of
the South Bay**

Kambiz Dardashti, MD
Lawrence Flechner, MD
23600 Telo Ave., #220
Torrance, CA 90505
Phone: 310-534-8400
Fax: 310-534-0463

Urology Specialty Group

Alec Koo, MD
Royal Park, MD
23600 Telo Ave., #220
Torrance, CA 90505
Phone: 310-602-5005
Fax: 310-373-7898
*Accepting patients age 2 and
over only*

Vascular Surgery

**Association of
South Bay Surgeons**

Riad Adoumie, MD
Roman Litwinski, MD
23451 Madison St., #340
Torrance, CA 90505
Phone: 310-373-6864
Fax: 310-373-9547
Amir Kaviani, MD
Houman Saedi, MD
23560 Madison St. #110
Torrance, CA 90505
Phone: 310-373-6864
Fax: 310-602-3895
*Accepting patients age 18 and
over only*

Pediatric Allergy Immunology

Omar Yamak, MD
2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 714-377-6993

3640 Lomita Blvd.#102
Torrance, CA 90505
Phone: 714-377-6993
Fax: 562-249-9808

Pediatric Cardiology

Ruey-Kang Chang, MD
Harbor-UCLA Medical Foundation, Inc.

21840 S. Normandie Ave., #1100
Torrance, CA 90502
Phone: 424-306-7611
Fax: 310-781-9352

Pacific Cardiovascular Associates

Christopher Tan, MD
3400 Lomita Blvd., #500
Torrance, CA 90505
Phone: 877-430-7337
Fax: 877-430-7376

790 E. Willow Ave., #150
Long Beach, CA 90806
Phone: 877-430-7337
Fax: 877-430-7376

Khyati Pandya, MD
790 E. Willow Ave., #150
Long Beach, CA 90806
Phone: 877-430-7337
Fax: 714-445-0245

3400 Lomita Blvd., #500
Torrance, CA 90505
Phone: 877-430-7337
Fax: 714-445-0245

Yuliya Turiy, MD
790 E. Willow Ave., #150
Long Beach, CA 90806
Phone: 877-430-7337
Fax: 877-430-7376

Pediatric Craniofacial

California Sleep Neurology Organization for Wellness, MCSG
Monika Mathur, MD
2651 Elm Ave., #205
Long Beach, CA 90806
Phone: 562-728-5034
Fax: 562-728-5051

Pediatric Developmental Medicine

Pediatric Sleep Adoption and Developmental Clinic, MCSG
Gary Feldman, MD
2650 Elm Ave., #301
Long Beach, CA 90806
Phone: 562-728-5034
Fax: 562-490-9413

Pediatric Endocrinology

Mario Brakin, MD
2650 Elm Ave., #210
Long Beach, CA 90806
Phone: 562-595-0166
Fax: 562-595-6714

Ajanta Naidu, MD
3640 Lomita Blvd., #305
Torrance, CA 90505
Phone: 310-373-0250
Fax: 310-373-0256

Pediatric Endocrinology Associates, MCSG
Pablito Nagpala, MD
2650 Elm Ave., #210
Long Beach, CA 90806
Phone: 562-595-0166
Fax: 562-595-6714

Pediatric Gastroenterology

Leon Chen, MD
2701 Atlantic Ave.
Long Beach, CA 90806
Phone: 714-377-6993
Fax 562-247-9808

Children's Gastroenterology, MCSG
Stephanie Abrams, MD
Sonia Michail, MD
Roy Nattiv, MD
Sarah Sela-Herman, MD
1760 Termino Ave., #300
Long Beach, CA 90804
Phone: 562-933-6900
Fax: 562-933-8557

Pediatric Gastroenterology Associates of Southern California, MCSG
Anjali Kumar, MD
Barry Steinmetz, MD
1760 Termino Ave., #300
Long Beach, CA 90804
Phone: 562-933-6900
Fax: 562-933-8557

Torrance Location
3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 562-933-6900
Fax: 562-933-8557

Mini Mehra, MD
2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 714-377-6993
Fax: 562-933-8557

3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 714-377-6993
Fax: 562-933-8557

Robert Tran, MD
2701 Atlantic Ave,
Long Beach, CA 90806
Phone: 714-377-6993
Fax: 562-933-8557

Pediatric/Adolescent Hematology/Oncology

Ramesh Patel, MD
2653 Elm Ave., #200
Long Beach, CA 90806
Phone: 562-728-5000
Fax: 562-933-1814

Pediatric Infectious Diseases

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Pediatric Infectology Group, MCSG
Jagmohan Batra, MD
David Michalik, DO
2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 562-933-8590

2650 Elm Ave., #310
Long Beach, CA 90806
Phone: 562-933-8590

Tempe K. Chen, MD
2650 Elm Ave., # 301
Long Beach, CA 90806
Phone: 562-933-8590
Fax: 562-933-8093

PID Associates Medical Group, MCSG
Audra Deveikis, MD
2865 Atlantic Ave., Suite C,
Long Beach, CA 90806
Phone: 562-933-8593
Fax: 562-933-8093

Pediatric Nephrology

Deepak Rajpoot, MD
2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 714-377-6993

3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 562-933-6730

Pediatric Specialists

Pediatric Neurology

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Adult & Child Neurology Medical Associates, MCSG

Nicole Cobo, MD
Jasmin Dao, MD
Mary Kay Dyes, MD
Thanh Le, MD

2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 562-490-3580
Fax: 562-490-3584

3640 Lomita Blvd., #102
Torrance, CA, 90505
Phone: 714-377-6993
Fax: 562-247-9808

Mary Kay Dyes, MD
3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 562-490-3580
Fax: 562-490-3584

Pantea Sharifi-Hannauer, MD
3524 Torrance Blvd., #104
Torrance, CA 90503
Phone: 310-540-1630
Fax: 310-540-1610

Long Beach Neurological Medical Group, MCSG

Perry Lubens, MD
2701 Atlantic Ave
Long Beach, CA 90806
Phone: 714-377-6993
Fax: 562-490-3584

3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 714-377-6993
Fax: 562-933-6743

2880 Atlantic Ave., #260
Long Beach, CA 90806
Phone: 562-490-3580
Fax: 562-490-3584

Pediatric Ophthalmology

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Family Eye Medical Group

Robert Clark, MD
4401 Atlantic Ave #410
Long Beach, CA 90809
Phone: 562-426-3925
Fax: 562-595-7639

Veronique Jotterand, MD
3650 Atlantic Ave.,
Long Beach, CA 90807
Phone: 562-988-2020
Fax: 562-426-7394

Lydia Matkovich, MD
23600 Telo Ave., #210
Torrance, CA 90505
Phone: 310-626-8055
Fax: 310-626-8058

Harshad Patel, MD
3650 Atlantic Ave.,
Long Beach, CA 90807
Phone: 562-988-2020
Fax: 562-426-7394

Pediatric Orthopedic Surgery

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Tichenor Lowman Memorial Medical Group, MCSG

Emory C. Chang, MD
Torin J. Cunningham, MD
(Specializes in back problems)
Kenneth Huh, MD
Amy Williams, MD

1760 Termino Ave., #308
Long Beach, CA 90804
Phone: 562-933-0249
Fax: 562-933-3747

F. John Hajaliloo, MD
2840 Long Beach Blvd., #440
Long Beach, CA 90806
Phone: 562-595-6646
Fax: 562-490-0434

23600 Telo Ave., #180
Torrance, CA 90505
Phone: 310-257-1500
Fax: 310-257-1508

2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 562-933-0249
Fax: 562-933-3747

Pediatric Otolaryngology

Southern California Ear, Nose, and Throat

Ayal Willner, MD
Namrata Varma, DO
Nina Yoshpe, MD
433 E. Wardlow Road
Long Beach, CA 90807
Phone: 562-427-0550

Marissa Schwartz, MD
23560 Crenshaw Blvd, #101
Torrance, CA 90505
Phone: 310-891-6733
Fax: 310-517-1348

Pediatric Physical Medicine/Rehab

Kimberly BeDell, MD
2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 714-377-6993

Amy J. Cassidy, MD
2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 714-377-6993

Pediatric Psychiatry

A. Paul Kurkjian, MD
2701 Atlantic Ave., # C
Long Beach, CA 90806
Phone: 562-933-8590

Pediatric Pulmonology

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Pediatric Pulmonary Associates, Inc.

Elaine Eakin, MD
Elizabeth Foley, MD
Lida Mohtasham, MD
Joseph Stathos, DO
2701 Atlantic Ave.
Long Beach, CA 90806
Phone: 714-377-6993

Elaine Eakin, MD
3640 Lomita Blvd., # 102
Torrance, CA 90505
Phone: 714-377-6993
Fax: 562-249-9808

Lida Mohtasham, MD
Joseph Stathos, DO
3640 Lomita Blvd., # 102
Torrance, CA 90505
Phone: 310-378-1716
Fax: 562-933-8744

Inderpal Randhawa, MD
2801 Atlantic Ave.
Long Beach, CA 90806
Phone: 562-933-8567
Fax: 562-933-8501 Referrals
Fax: 562-933-8744 Admin

Dibanni Vasquez, MD
2701 Atlantic Ave.
Long Beach, CA 90806
Phone: 714-377-6993

3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 714-377-6993
Fax: 562-247-9808

Pediatric Surgery

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Pediatric Urology

Paul Kokorowski, MD
23550 Hawthorne Blvd, #120
Torrance, CA 90505
Phone: 310-517-1136
Fax: 310-341-4116

Breast Diagnostic

Torrance Memorial Medical Center – Breast Diagnostic Centers

3275 Skypark Dr., # A
Torrance, CA 90505
Phone: 310-517-4709
Fax: 310-784-6377

824 E. Carson St., #208
Carson, CA 90745
Phone: 310-233-3230
Fax: 310-233-3233

855 Manhattan Beach Blvd., #208
Manhattan Beach, CA 90266
Phone: 310-939-7864
Fax: 310-939-7865

65 Peninsula Center
Rolling Hills Estates, CA 90274
Phone: 310-891-6630
Fax: 310-377-9141

Family Planning

Family Planning Associates

3655 Lomita Blvd., #400
Torrance, CA 90505
Phone: 310-373-1042
Fax: 310-378-4916

2777 Long Beach Blvd., #200
Long Beach, CA 90806
Phone: 562-595-5653
Fax: 562-595-4247

Laboratory

Torrance Memorial Medical Center –Lab Laboratory Draw Station

2841 Lomita Blvd # 140
Torrance, CA 90505
Phone: 310-257-5724

Laboratory Draw Station

3701 Skypark Dr., #220
Torrance, CA 90505
Phone: 310-257-5724

Laboratory Draw Station

3333 Skypark Dr., #320
Torrance, CA 90505
Phone: 310-257-5724

Laboratory Draw Station

855 Manhattan Beach Blvd #206
Manhattan Beach, CA 90266
Phone: 310-257-5724

Laboratory Draw Station

602 Deep Valley Dr., #300
Rolling Hills, CA 90274
Phone: 310-257-5724

Laboratory Draw Station

2110 E. El Segundo Blvd. #100
El Segundo, CA 90245
Phone: 310-257-5724

Laboratory Draw Station

705 Pier Ave., #B
Hermosa Beach, CA 90254
Phone: 310-257-5724

Outpatient Laboratory & Draw Station

3317 Medical Center Drive
Outpatient Center, 2nd Floor
Torrance, CA 90505
Phone: 310-257-5724

Physical Therapy

Torrance Memorial Physical Therapy

3330 Lomita Blvd.
Torrance, CA 90505
Phone: 310-517-4735
Fax: 310-784-4978

Radiology

Torrance Memorial Medical Center – Radiology Department

3330 Lomita Blvd.
Torrance, CA 90505
Phone: 310-325-9110, ext. 2075
Fax: 310-784-4805
MRI: 310-517-4738

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How to Select a Medicare Advantage Health Plan and Join Torrance Memorial IPA

In four easy steps

1 Enroll in Medicare Parts A and B

If not enrolled already, call Social Security or go online to enroll at Medicare.gov. You will receive your Medicare card and your "Medicare & You" booklet in a few weeks.

2 Select a Medicare Advantage health plan

If you need help with this, call our resource center at 310-257-7239 to schedule a one-on-one with a health insurance advisor.

Attend a FREE Medicare 101 Educational Program. To make a reservation, call 310-257-7239 or visit TorranceMemorialIPA.org/medicare101.

3 Choose Torrance Memorial IPA as your medical group

When you choose a Medicare Advantage health plan, you should select a medical group. To select Torrance Memorial IPA as your medical group, you should select a primary care physician from the Torrance Memorial IPA network.

4 Look for your new insurance card

Make sure your information and your doctor's name is listed correctly and that it says "Torrance Memorial IPA" on your card. If this information is incorrect, call your insurance company and request that they correct the information. The Member Services' number can be found on the back of your insurance card.



No Need to Wait for Open Enrollment!



You can switch to Torrance Memorial IPA anytime!

If you are with a medical group or IPA other than Torrance Memorial IPA and would like to switch to Torrance Memorial IPA, you don't need to wait until annual open enrollment. You can make the switch anytime throughout the year.

Simply follow these steps:

1 Ensure your health plan and your primary care physician (PCP) are contracted with Torrance Memorial IPA

Not sure? Call Torrance Memorial IPA Resource Center at 310-257-7239 to confirm.

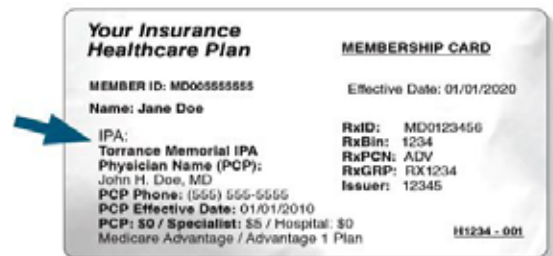
If your health plan or PCP are not contracted with Torrance Memorial IPA and you still want to join Torrance Memorial IPA, call the Torrance Memorial IPA Resource Center to get more help.

2 Contact your current health plan's member services

The number can be found on your medical insurance card. Tell them that you would like to join Torrance Memorial IPA and give them the name of your Torrance Memorial IPA primary care physician.

3 Look for your new medical insurance card

Make sure your information and your doctor's name is listed correctly and that it says "Torrance Memorial IPA" on your card. If this information is incorrect, call your insurance company again and repeat steps 2 and 3.



Need help? Call Torrance Memorial IPA Resource Center
310-257-7239 | TTY 711 | TorranceMemorialIPA.org/learnmore

TORRANCE MEMORIAL IPA



Torrance Memorial IPA is a nonprofit multi-specialty physician network and a division of Torrance Memorial Health System. Torrance Memorial IPA has been serving the South Bay community for more than 35 years. Our members have access to high-quality and personalized care from over 500 primary care physicians and specialists as well as the nationally recognized Torrance Memorial Medical Center.

Not a Member Yet?

310-257-7239 | TorranceMemorialIPA.org/learnmore
Torrance Memorial IPA members: 310-257-7250, option #1 | TTY: 711
Monday through Friday, 8:30 am – 5 pm
Torrance Memorial IPA Administrative Office: 310-257-7250
TorranceMemorialIPA.org