

Member Self-Referral

See a Specialist without a Referral!

Torrance Memorial IPA is the only medical group in the South Bay allowing HMO Members to see a specialist in several select specialties within the network, without a referral from their primary care physicians

* No additional premiums or deductibles, A No-Cost service offered by Torrance Memorial IPA above and beyond the coverage provided by your HMO insurance plan

* The above is not a complete list of our specialties in the Torrance Memorial IPA network, only those in our Torrance Memorial IPA self-referral program. Torrance Memorial IPA has a network of more than 450 Primary Care and Specialist Doctors. See a complete list of Torrance Memorial IPA Physicians at www.TorranceMemorialIPA.org/physiciandirectory.

* Please note the self referral benefit applies to the initial visit with the physician only, the physician will direct further treatment and/or tests.

Behavioral Health Psychology Marriage & Family Counseling

**Medicare Advantage Members Only*

Alina Añorga, LCSW

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Torrance, CA 90505
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Additional languages: Spanish

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Brandi M. Zamora, MFT

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Behavioral Health Psychiatry

**Medicare Advantage Members Only*

Harold P. Ceasar, MD

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Phone: 310-373-7989
Fax: 310-373-0309
Not accepting new patients

Audrey Chen, MD

Vanessa Hernandez, MD
3400 Lomita Blvd., #104
Torrance, CA 90505
Phone: 310-517-1262
Fax: 310-517-1277

Mindpath Health

Irina Addes, MD

Isabel Puri, MD
Robert Winston, MD
3333 Skypark Dr., #220
Torrance, CA 90505
Phone: 310-257-5750
Fax: 310-257-5753

Pacific Pain & Wellness Group

Gelareh Solomon, PHD
Annie Nardella, MFT
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Torrance, CA 90505
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Fax: 310-437-7398

Regeneration Psychiatry

Tashlee Brown, PhD
Wenqi Feng, MD
Justin Key, MD
Arjun Kumar, MD
Celena J. Pentagulio, MD
Jobert Poblete, MD
Stephanie Sabra MD
Brittany Tarrant MD
2512 Artesia Blvd. #320
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Rebecca Salamo, MD

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Thomas Willett, MD

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Behavioral Health Psychology

**Medicare Advantage Members Only*

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Cristina Moldovan, PhD

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Fax: 562-685-0459

Crystal Quarry, PhD

225 Ave I #204,
Redondo Beach, CA 90277
Phone: 424-903-6520
Fax: 424-772-6993

Care Management

23326 Hawthorne Blvd., #200
Torrance, CA 90505
310-257-7282

Cardiology

William K. Averill, MD

3400 Lomita Blvd., #603
Torrance, CA 90505
Phone: 310-326-5142
Fax: 310-326-3154
Patients age 18 and over only

COR Healthcare Medical Associates

Torrance location:

Arash Aghel, MD
Salman Azam, MD
Gaurav Banka, MD
Brenton Bauer, MD
Eric Castleman, MD
Ankush Chhabra, MD
Wilson Kwan, MD
Michael Healy, MD
James Matchison, MD
Ram Reddy, MD
Ray Michael Wyman, MD
2841 Lomita Blvd., #100
Torrance, CA 90505
Phone: 310-257-0508
Fax: 310-325-8109
Redondo Beach location:

Bruce Jackson, MD

James Matchison, MD
520 N. Prospect Ave., #300
Redondo Beach, CA 90277
Phone: 310-372-1156
Fax: 310-372-6504
San Pedro location:

Arash Aghel, MD

1360 6th St., #315
San Pedro, CA 90732
Phone: 310-547-9922

Emad Khateeli, MD

4305 Torrance Blvd., #301
Torrance, CA 90505
Phone: 310-793-4327
Fax: 310-793-4307
Patients age 18 and over only

Not a Member Yet?

310-257-7239 | TorranceMemorialIPA.org/learnmore
Torrance Memorial IPA members: 310-257-7250, option #1 | TTY: 711
Monday through Friday, 8:30 am – 5 pm
Torrance Memorial IPA Administrative Office: 310-257-7250
TorranceMemorialIPA.org

Cardiology (Cont.)

Torrance Memorial Physician Network – South Bay Heart

Nadia Jafar Curran, MD
Wilson Kwan, MD
Victoria Y. Shin, MD
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Patients age 18 and over only

Nadia Jafar Curran, MD
855 Manhattan Beach Blvd., #101
Manhattan Beach, CA 90266
Phone: 310-257-0505

Dermatology

Clear Dermatology

Melissa Camouse, DO
Malcolm Ke, MD
Lydia Kim MD
Dennis Nguyen, MD
23456 Hawthorne Blvd., #100
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Phone: 310-540-5272
Fax: 310-540-5271

CSI Medical Group

Roy Blumenstrauch, MD
Andrew Breithaupt MD
Julia Kwan, MD
4201 Torrance Blvd., #640
Torrance, CA 90503
310-543-4444
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Gastroenterology

South Bay Gastroenterology Medical Group

Daniel Cho, MD
Jerome Cohen, MD
Tonny Lee, MD
Melissa Munsell, MD
Alexander Nguyen, MD
Minh Nguyen, MD
Gloria Sze, MD
Oren Zaidel, MD
23456 Hawthorne Blvd # 300
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Phone: 310-539-2055
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Patients age 18 and over only

Obstetrics/Gynecology

*Consults and routine preventive services

Zachary Abelson, MD
3440 Lomita Blvd., # 240
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Phone: 310-784-6822
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Christine Djapri, MD
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*Gynecology only

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Podiatry

Robert Anavian, DPM
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Fax: 424-378-1207

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Pulmonology

Jamie M. Kagihara, MD
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Torrance Memorial Physician Network – Pulmonary and Sleep

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Khalid M. Eltawil, MD
Richard Huynh, MD
Mladen A. Rasic, MD
Deren Sinkowitz, MD
Torrance Memorial Specialty Center
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Fax: 310-326-6054
Accepting Patients All Ages

Urology

*Consults and routine preventive services

South Bay Urology Medical Group

Marcus Kauffman, MD
Timothy Lesser, MD
Shelby Morrisroe, MD
20911 Earl St., #140
Torrance, CA 90503
Phone: 310-542-0199
Fax: 310-542-4652
Accepting new patients

Urology Institute of the South Bay

Kambiz Dardashti, MD
Lawrence Flechner, MD
23600 Telo Ave., #220
Torrance, CA 90505
Phone: 310-534-8400
Fax: 310-534-0463

Urology Specialty Group

Alec Koo, MD
Royal Park, MD
23600 Telo Ave., #220
Torrance, CA 90505
Phone: 310-602-5005
Fax: 310-373-7898
Accepting patients age 2 and over only