

# Member Self-Referral

## See a Specialist without a Referral!

Torrance Memorial IPA is the only medical group in the South Bay allowing HMO Members to see a specialist in several select specialties within the network, without a referral from their primary care physicians

\* No additional premiums or deductibles, A No-Cost service offered by Torrance Memorial IPA above and beyond the coverage provided by your HMO insurance plan

\* The above is not a complete list of our specialties in the Torrance Memorial IPA network, only those in our Torrance Memorial IPA self-referral program. Torrance Memorial IPA has a network of more than 450 Primary Care and Specialist Doctors. See a complete list of Torrance Memorial IPA Physicians at [www.TorranceMemorialIPA.org/physiciandirectory](http://www.TorranceMemorialIPA.org/physiciandirectory).

\* Please note the self referral benefit applies to the initial visit with the physician only, the physician will direct further treatment and/or tests.

### Behavioral Health Psychiatry

#### **Harold P. Ceasar, MD**

3655 Lomita Blvd., #412  
Torrance, CA 90505  
Phone: 310-373-7989  
Fax: 310-373-0309

#### **Mindpath Health**

##### **Irina Addes, MD**

##### **Isabel Puri, MD**

##### **Robert Winston, MD**

3333 Skypark Dr., #220  
Torrance, CA 90505  
Phone: 310-257-5750  
Fax: 310-257-5753

#### **Thomas Willett, MD**

4477 W. 118th St., #400  
Hawthorne, CA 90250  
Phone: 310-978-0884  
Fax: 310-978-1214

### Regeneration Psychiatry

#### **Wenqi Feng, MD**

#### **Justin Key, MD**

#### **Jobert Poblete, MD**

2512 Artesia Blvd. #310  
Redondo Beach, CA 90278  
Phone: 424-277-2899

### Behavioral Health Marriage & Family Counseling

#### **Alina Añorga, LCSW**

24520 Hawthorne Blvd., #116  
Torrance, CA 90505  
Phone: 310-378-0302  
Fax: 310-544-2411

### Behavioral Health Marriage & Family Counseling (Cont.)

#### **Emily Schafer, LMFT**

25202 Crenshaw Blvd., #220  
Torrance, CA 90505  
Phone: 310-947-2478  
Fax: 310-542-4059

### Care Management

23326 Hawthorne Blvd., #200  
Torrance, CA 90505  
310-257-7282

### Cardiology

#### **William K. Averill, MD**

3400 Lomita Blvd., #603  
Torrance, CA 90505  
Phone: 310-326-5142  
Fax: 310-326-3154  
*Patients age 18 and over only*

### COR Healthcare Medical Associates

*Torrance location:*

#### **Arash Aghel, MD**

#### **Salman Azam, MD**

#### **Gaurav Banka, MD**

#### **Brenton Bauer, MD**

#### **Eric Castleman, MD**

#### **Ankush Chhabra, MD**

#### **J. Christopher Matchison, MD**

#### **Ram Reddy, MD**

#### **Ray Michael Wyman, MD**

2841 Lomita Blvd., #100  
Torrance, CA 90505  
Phone: 310-257-0508  
Fax: 310-325-8109

### Cardiology (Cont.)

*Redondo Beach location:*

#### **Bruce Jackson, MD**

520 N. Prospect Ave., #300  
Redondo Beach, CA 90277  
Phone: 310-372-1156  
Fax: 310-372-6504

*San Pedro location:*

#### **Arash Aghel, MD**

1360 6th St., #315  
San Pedro, CA 90732  
Phone: 310-547-9922

#### **Emad Khaleeli, MD**

4305 Torrance Blvd., #301  
Torrance, CA 90505  
Phone: 310-793-4327  
Fax: 310-793-4307  
*Patients age 18 and over only*

#### **Joseph Lopez, MD**

3475 Torrance Blvd., Suite D  
Torrance, CA 90503  
Phone: 310-540-6032  
Fax: 310-543-8743  
*Patients age 18 and over only*

### Torrance Memorial Physician Network – South Bay Heart

#### **Victoria Y. Shin, MD**

#### **Nadia Jafar, MD**

2841 Lomita Blvd., #235  
Torrance, CA 90505  
Phone: 310-517-8950  
Fax: 310-326-6054  
*Patients age 18 and over only*

### Dermatology

#### **Clear Dermatology**

##### **Melissa Camouse, MD**

##### **Malcom Ke, MD**

23456 Hawthorne Blvd., #100  
Torrance, CA 90505  
Phone: 310-540-5272  
Fax: 310-540-5271

#### **CSI Medical Group**

##### **Roy Blumenstrauch, MD**

##### **Andrew Breithaupt MD**

##### **Julia Kwan, MD**

##### **Sarah Petry, MD**

4201 Torrance Blvd., #640  
Torrance, CA 90503  
310-543-4444  
Fax: 310-543-4446

#### **Susan Goodlerner, MD**

23451 Madison St., #330  
Torrance, CA 90505  
310-375-9994  
Fax: 310-375-0789

### Gastroenterology

#### **South Bay Gastroenterology Medical Group**

##### **Daniel Cho, MD**

##### **Jerome Cohen, MD**

##### **Tonny Lee, MD**

##### **Melissa Munsell, MD**

##### **Alexander Nguyen, MD**

##### **Minh Nguyen, MD**

##### **Gloria Sze, MD**

##### **Oren Zaidel, MD**

23456 Hawthorne Blvd # 300  
Torrance, CA 90505  
Phone: 310-539-2055  
Fax: 310-539-0199  
*Patients age 18 and over only*

## Not a Member Yet?

310-257-7239 | [TorranceMemorialIPA.org/learnmore](http://TorranceMemorialIPA.org/learnmore)  
Torrance Memorial IPA members: 310-257-7250, option #1 | TTY: 711  
Monday through Friday, 8:30 am – 5 pm  
Torrance Memorial IPA Administrative Office: 310-257-7250  
[TorranceMemorialIPA.org](http://TorranceMemorialIPA.org)

## Gastroenterology (Cont.)

### Nazir U. Khaja, MD

23639 Hawthorne Blvd., #200  
Torrance, CA 90505  
Phone: 310-370-4660  
Fax: 310-793-0710  
*Patients age 18 and over only*

## Obstetrics/Gynecology

\*Consults and routine preventive services

### Latrice Allen, MD

### Sharda Bhasin, MD

### Alexandra Bujor, MD

### Cristal Lynch, MD

### Rivas, Bianca, MD

3440 Lomita Blvd., #240  
Torrance, CA 90505  
Phone: 310-539-5060  
Fax: 310-539-7899

### Jody Aronson, MD

3440 Lomita Blvd., #120  
Torrance, CA 90505  
Phone: 310-325-8864  
Fax: 310-325-1493

\*Gynecology only

824 E. Carson St., #102  
Carson, CA 90745  
Phone: 310-233-3216  
Fax: 310-233-3217

### Antoaneta Mueller, MD

3440 Lomita Blvd., #346  
Torrance, CA 90505  
Phone: 310-325-1198  
Fax: 310-325-1699

### Christine Djapri, MD

3440 Lomita Blvd., #427  
Torrance, CA 90505  
Phone: 310-325-9400  
Fax: 310-325-9406

### Soha Elgharib, MD

510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
Phone: 310-376-2716  
Fax: 310-374-9163

29409 S. Western Ave.,  
San Pedro, CA 90274  
Phone: 310-784-6848  
Fax: 310-514-4902

### Sunetris Fluellen, MD

2841 Lomita Blvd., #200  
Torrance, CA 90505  
Phone: 310-784-6822  
Fax: 424-212-5075

## Obstetrics/Gynecology(Cont.)

\*Consults and routine preventive services

### Ricardo E. Huete, MD

824 E. Carson St., #203  
Carson, CA 90745  
Phone: 310-543-5448  
Fax: 310-316-5318

### Kay M. Kwok, MD

3400 Lomita Blvd., #607  
Torrance, CA 90505  
Phone: 310-530-5965  
Fax: 310-530-5008

### Freya Marshall, MD

3400 Lomita Blvd., #602  
Torrance, CA 90505  
Phone: 310-326-5150  
Fax: 310-326-0762

### Frances McKindsey, MD

2110 E. El Segundo Blvd., # 220  
El Segundo, CA 90245  
Phone: 310-784-8745  
Fax: 310-893-0431

### Astrid Mendoza, DO

4201 Torrance Blvd., #780  
Torrance, CA 90503  
Phone: 310-543-2532  
Fax: 310-540-9707

### Beni Naghi, MD

3400 Lomita Blvd., #602  
Torrance, CA 90505  
Phone: 310-326-5150  
Fax: 310-326-0762

855 Manhattan Beach Blvd., #209  
Manhattan Beach, CA 90266  
Phone: 310-939-1881  
Fax: 310-939-1882

### Hilda Elena Rodriguez, MD

3440 Lomita Blvd., #427  
Torrance, CA 90505  
Phone: 310-325-9400  
Fax: 310-325-9406  
\*Gynecology only

### Steven H. Rosenberg, MD

3400 Lomita Blvd., #400  
Torrance, CA 90505  
Phone: 310-539-4957  
Fax: 310-539-9175

### Marc J. Rosenthal, MD

3440 Lomita Blvd., #120  
Torrance, CA 90505  
Phone: 310-325-8864  
Fax: 310-325-1493

824 E. Carson St., #102  
Carson, CA 90745  
Phone: 310-233-3216  
Fax: 310-233-3217

## Obstetrics/Gynecology (Cont.)

\*Consults and routine preventive services

### Cheryl Sanders, MD

510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
Phone: 310-376-2716  
Fax: 310-374-9163

29409 S. Western Ave.,  
San Pedro, CA 90274  
Phone: 310-784-6848  
Fax: 310-514-4902

### Barbara L. Schulz, MD

510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
Phone: 310-376-2716  
Fax: 310-374-9163

2110 E. El Segundo Blvd., #220  
El Segundo, CA 90245  
Phone: 310-784-8704  
Fax: 310-893-0431

### Deepjot Singh, MD

3400 Lomita Blvd., #500  
Torrance, CA 90505  
Phone: 310-373-7900  
Fax: 310-373-7940

## Podiatry

### Robert Anavian, DPM

3440 Lomita Blvd., #137  
Torrance, CA 90505  
Phone: 310-793-1158  
Fax: 310-793-1161

### Phillip E. Darragh, DPM

2850 Artesia Blvd., #204  
Redondo Beach, CA 90278  
Phone: 310-793-1158  
Fax: 310-793-1161

3440 Lomita Blvd., #137  
Torrance, CA 90505  
Phone: 310-370-1980  
Fax: 424-378-1207

## Pulmonology

### Jamie M. Kagihara, MD

2841 Lomita Blvd #235  
Torrance, CA 90505  
Phone: 310-517-8950  
Fax: 310-326-6054

2110 E. El Segundo Blvd., #230  
El Segundo, CA 90245  
Phone: 310-257-5741  
Fax: 310-909-7315

## Pulmonology (Cont.)

### Torrance Memorial Physician Network – Pulmonary and Sleep

### John Abe, MD

### Khalid M. Eltawil, MD

### Richard Huynh, MD

### Mladen A. Rasic, MD

### Deren Sinkowitz, MD

*Torrance Memorial  
Specialty Center*

2841 Lomita Blvd., #235

Torrance, CA 90505

Phone: 310-517-8950

Fax: 310-326-6054

*Accepting Patients All Ages*

## Urology

\*Consults and routine preventive services

### Farhad Nowzari, MD

3400 Lomita Blvd #502  
Torrance, CA 90505  
Phone 310-921-1100  
Fax: 310- 921-9922

### South Bay Urology

### Medical Group

### Timothy Lesser, MD

### Garrett Matsunaga, MD

### Shelby Morrisroe, MD

20911 Earl St., #140

Torrance, CA 90503

Phone: 310-542-0199

Fax: 310-542-4652

*Accepting new patients*

*NOTE: Garrett Matsunaga, MD is not  
accepting new patients*

### Urology Institute of the South Bay

### Kambiz Dardashti, MD

### Lawrence Flechner, MD

23600 Telo Ave., #220

Torrance, CA 90505

Phone: 310-534-8400

Fax: 310-534-0463

### Urology Specialty Group

### Abbey Gaske, MD

### Alec Koo, MD

### Royal Park, MD

23600 Telo Ave., #220

Torrance, CA 90505

Phone: 310-602-5005

Fax: 310-373-7898

*Accepting patients age 2 and over only*